



# St. Mary's School Newsletter



*Always faithful to God, ourselves and others in the spirit of the Presentation tradition.*

*St. Mary's is committed to Child Safety and the inclusion of all children.*

**Respect Ourselves - Respect Others - Respect our Environment**

**Term 3 - Week 5- Friday August 11, 2023**

## PBIS Expectations: On the Playground

Dear Families,



### Saint Mary MacKillop

This week, **August 8th**, we celebrated the Feast Day of

**Saint Mary MacKillop.**

Mary MacKillop is the first Australian, and to this stage, the only Australian Saint. Mary was an educator, a pioneer and a leader, someone who had compassion for others regardless of their situation or race. She was the founder of the **Order of the Sisters of St. Joseph**, an order of nuns who wanted to **serve the poor**, particularly educating the children who lived in the bush. She opened her first school in a stable on 19 March 1866. The first school set the pattern for many to come - it was for the children of the working class, providing a basic but thorough education, aiming to make children independent, employable, and well-grounded.

Mary MacKillop's motto is :

***'Never see a need without doing something about it'.***



### ST MARY'S SCHOOL

**INFORMATION SESSION FOR 2024  
FAMILIES LOOKING TO ENROL**

**Monday August 14th**  
School Presentation from Principal  
(Matt Attwater) at **9:30am** followed  
by school tour at **10:00am**

**ACCEPTING 2024  
ENROLMENTS NOW**

**PHONE** (02) 60329 284  
**EMAIL** [principal@smrutherglen.catholic.edu.au](mailto:principal@smrutherglen.catholic.edu.au)

ST. MARY'S SCHOOL IS COMMITTED TO CHILD SAFETY AND THE INCLUSION OF ALL CHILDREN.



### 2024 Information Session - Monday 14th August at 9.30am

There will be another **2024 School Information Session** on **Monday 14th of August** at 9.30am followed by a school tour at 10.00am.

Please let any families know that have 2024 Foundation enrolments, or may wish to see what our school has to offer in all year levels.

Phone - 02 6032 9284

Web - <http://www.smrutherglen.catholic.edu.au>

Email - [principal@smrutherglen.catholic.edu.au](mailto:principal@smrutherglen.catholic.edu.au)

75-89 High Street, Rutherglen, Vic, 3685

PO Box 146



## After School Pick Up: Please Wait Outside

It's great to see parents back on school grounds at pick up time now that we're over COVID restrictions.

As you can appreciate, the last 5-10 minutes of the school day is always a very busy time for teachers, ending the day and packing up the students. To enable all teachers to end the day smoothly, all parents/carers should wait outside in the undercover area, or in the school grounds, and not in the classrooms or doorways of classrooms at pick up time.

## Reminders:-

### 2024 Foundation Enrolments:

Could all families with existing siblings at school, and wanting register another for 2024 Foundation enrolments, please ensure you have your enrolments in as soon as possible. Enrolment packs are available from the office.

### Absenteeism - Our Legal Requirement:

It is a **legal requirement** that **all schools** must follow up any daily **unexplained absences by 9.30 am**.

If your child is going to be away from school or arriving late for any reason the school **must be notified**. The simplest way to do this is through **PAM**.

If your child is an **unexplained absence** you will receive an **SMS** asking you to contact the school and a phone call if necessary. If there is no answer then the **emergency contacts** for your family will be contacted and then if there is still no answer the police are contacted. These steps are followed to ensure that we know that your child is **safe**.

### Classroom Refurbishments:

As many of you would be aware rooms 1-4 (Senior Classes) are being refurbished this year. The tendering process has now started and the building process is expected to start in the coming months.

### 2023 School Closure Days

Monday 6th November - Report Writing

### Book Club

Issue 6 of the Book Club Catalogue is out now and has been handed out to the children.



## Father's Day Volunteers Needed

Father's Day is not far away.

We would very much appreciate some more volunteers for the gift wrapping prior to the stall, and to assist with the stall on the Day - Friday, September 1.

Please call Judy in the office if you can help out.



## MacKillop Art Exhibition

These students artworks have been selected to be a part of the MacKillop Art Exhibition in Bendigo. Congratulations to you all!

### General Artwork



Annika Roberts (Foundation)



Zoe Mase' (Grade 2)



Ivy Kay (Grade 2)



Violet Mase' (Foundation)

### Spiritual Artwork - This year's theme: 'Let the words you speak always be full of grace'



Lilly Hill (Grade 2)



Matilda Ellery (Grade 2)



Milla Simpson (Grade 2)



Emma Walsh (Grade 1)

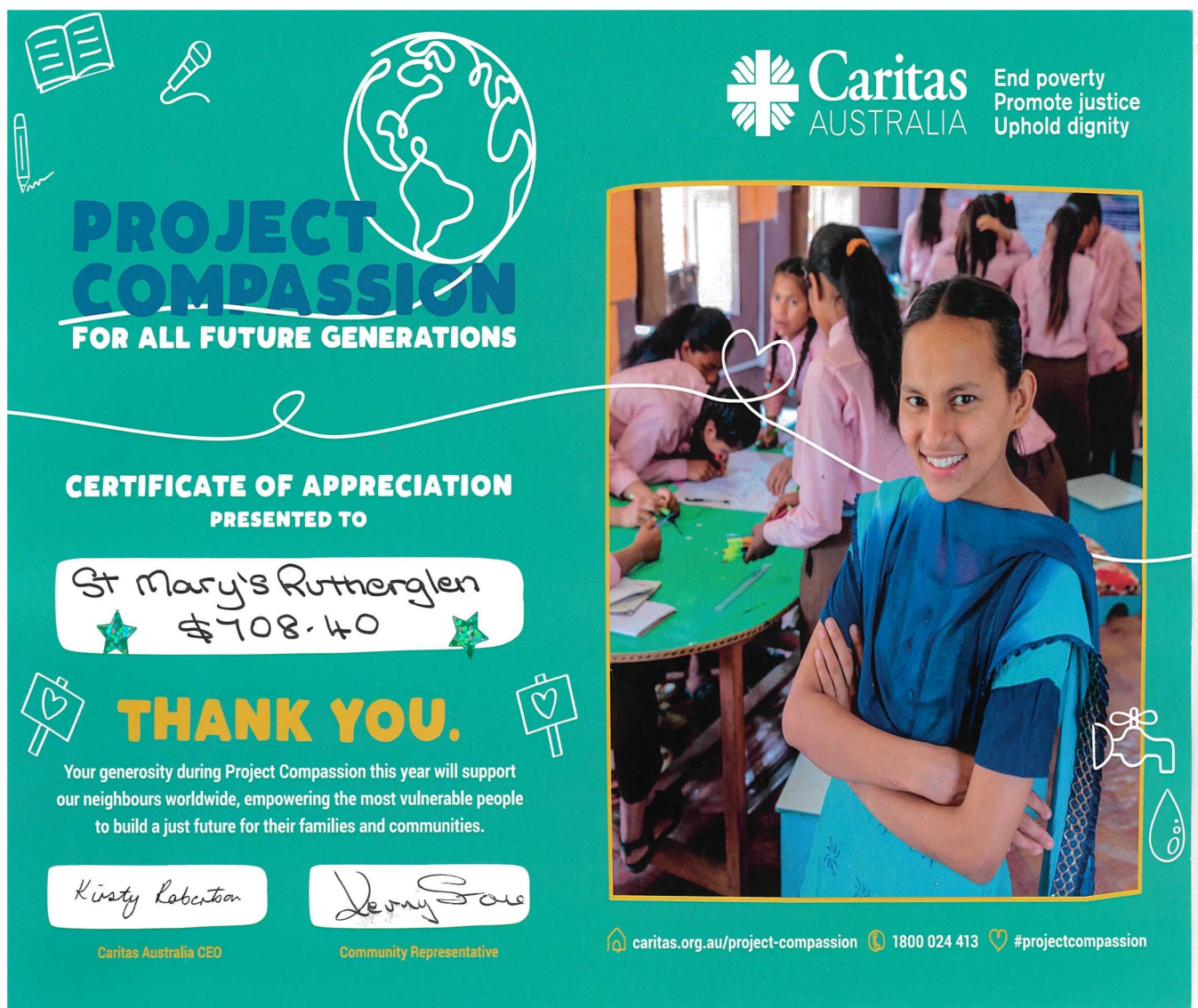


Ella Fisher (Grade 2)



## Congratulations!

Very Well Done to all of our children for their hard work raising money for Caritas Australia this year. What a mighty effort - and a great total!!



The certificate is on a teal background. At the top left are icons of a book, a pencil, and a microphone. At the top center is a globe icon. To the right is the Caritas Australia logo and its mission statement: 'End poverty, Promote justice, Uphold dignity'. The main title 'PROJECT COMPASSION' is in large blue letters, with 'FOR ALL FUTURE GENERATIONS' below it. A white line with a heart shape connects the title to a photo of a young woman in a blue dress. The photo shows her in a classroom setting with other students. Below the title is the text 'CERTIFICATE OF APPRECIATION PRESENTED TO'. A white box contains the handwritten text 'St Mary's Rutherglen' and '\$708.40', flanked by two green stars. Below this is the large yellow text 'THANK YOU.' with two heart icons on either side. A paragraph of text follows: 'Your generosity during Project Compassion this year will support our neighbours worldwide, empowering the most vulnerable people to build a just future for their families and communities.' At the bottom are two signature boxes: 'Kirsty Robertson' (Caritas Australia CEO) and 'Derry Sae' (Community Representative). At the bottom right are the website 'caritas.org.au/project-compassion', the phone number '1800 024 413', and the hashtag '#projectcompassion'.

**PROJECT COMPASSION**  
FOR ALL FUTURE GENERATIONS

**CERTIFICATE OF APPRECIATION**  
PRESENTED TO

St Mary's Rutherglen  
\$708.40

**THANK YOU.**

Your generosity during Project Compassion this year will support our neighbours worldwide, empowering the most vulnerable people to build a just future for their families and communities.

Kirsty Robertson  
Caritas Australia CEO

Derry Sae  
Community Representative

caritas.org.au/project-compassion 1800 024 413 #projectcompassion

## A Visit AND Birthday Wishes

Fr Boniface visited the Staff during their morning break on Tuesday and was in time to wish Oscar a Very Happy Birthday!







We send our best wishes to all who celebrated their Birthdays this week!



Violet

## Congratulations to our Class Award Winners this week!



BACK: Codie; Zac; Jossy (who is very excited about her award!); Isabel; Isla; Emmerson  
MIDDLE: Millie; Luca; Heidi; Annabelle; Madelyn  
FRONT: Violet and Ottis

## Rutherglen Golf Club Request

The Rutherglen Golf Club is asking the community for their input into the future and direction of the local Golf Club. The committee is in the process of developing a strategic plan to provide the club with a clear direction for the future and achieve greater alignment with Golf Australia and the Strategy for Australian Golf.



This plan will ensure that systems and structures are in place to retain existing members, introduce new members and improve the experience for the members and guests.


You are encouraged to complete this survey, via the link below, and provide constructive comments for each question. Only takes 5-8 minutes to complete. The survey will go directly to Golf Australia on completion.

Thanks in advance.

Rutherglen Golf Club Executive committee

**Survey Link:** <https://www.surveymonkey.com/r/C33TKT7>

## PBIS Expectations: On the Playground

Playground	Respect Ourselves	Respect Others	Respect our Environment
	<p>Use kind words</p> <p>Be a good self umpire</p> <p>Keep hands and feet to myself</p> <p>Respond to the bell immediately (drink, toilet)</p> <p>Tell, not do</p> <p>Be active</p> <p>Use your voice appropriately</p>	<p>Share with others</p> <p>Take turns in games</p> <p>Good Sportsmanship with others</p> <p>Be inclusive</p> <p>Be a good role model with others</p> <p>Be tolerant towards Others</p> <p>Use your voice appropriately</p>	<p>Use equipment appropriately</p> <p>Pack away sports Equipment</p> <p>Pick up my belongings eg drink bottle, jumper</p> <p>Put our rubbish in the correct bins</p>

## Congratulations to our PBIS Award Winners this week!



Mason; Amelia-Rose; Ottis; Madelyn; Logan

Have a great weekend!

Matt





READ, GROW  
INSPIRE is  
the theme for  
bookweek  
for 2023  
Bookweek  
Parade  
Monday the  
21st August



ISSUE 6 24.8.23  
DUE BACK BY:

# Book Club

**KEEP OUT**  
Includes \$2.99 book, folding binoculars, voice recorder, spy ear, decoder wheel, messenger bag.  
Ultimate Spy Mission Kit  
Become the ultimate spy with this awesome kit!  
AGES 6+  
\$29.99 \$25.00

**KANE RULES**  
NEW! Kane Rules  
Learn all about the living legend who never gave up.  
128 pp. AGES 7+ \$40.99 \$12.00

**CASH SPLASH**  
NEW! Cash Splash  
Ari has found a parallel universe where he is a millionaire!  
128 pp. AGES 8+ \$9.99

**WEIRD WEDDING!**  
Weir and Bolla have a very important job. Will it be a CAKE TASTING?  
160 pp. AGES 7+ \$15.99

**PEARL**  
Includes bubble tea 2-in-1 eraser sharpener  
NEW! Ruby's Sparkling Surprise  
Ruby the dragon and Lulu the genie stumble upon a mysterious castle.  
64 pp. AGES 6+ \$11.99

**NETBALL STAR**  
NEW! Let's Party  
Lia's team members think she stole her friend's bracelet.  
144 pp. AGES 7+ \$14.99

**AGGIE FLEA**  
SAVE 60% \$10  
NEW! Aggie Flea is Not a Liar!  
Aggie is convinced her new neighbour is a vampire!  
192 pp. AGES 7+ \$24.99

**WINGS OF FIRE**  
NEW! A Guide to the Dragon World  
Bring to life the history, mythology, and folklore of the Wings of Fire world.  
272 pp. hardcover, AGES 10+ \$34.99 \$20.00

**DRAGON GAMES**  
Includes dragon squishy  
NEW! The Frozen Sea  
Team Dragon must outrun a hungry snow monster to return the second Thunder Egg.  
144 pp. AGES 7+ \$22.99

**TURBO PUP**  
SCAN ME!  
NEW! The Turbo Pup  
CJ is small, but there is something special the puppy can do...  
24 pp. hardcover, AGES 3+ \$18.99 \$10.00

**ZOO SCHOOL**  
NEW! Zoo School  
What would you do if your school was a ZOO?  
112 pp. AGES 3+ \$16.99

EVERY CHILD DESERVES A BOOK \$3

SCHOLASTIC

BOOK CLUB - ISSUE 6 IS OPEN NOW

BE SURE TO GET YOUR ORDERS IN NICE  
AND EARLY SO THAT YOU GET THEM  
DELIVERED BEFORE END OF TERM!



# TREATMENT FOR HEADLICE

All parents please note that there have been a few cases of headlice at the school recently. It would be timely for you all to do a head check and treat if required. Following is some information regarding treatment and prevention.

## Treating and controlling headlice

health

**While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.**

### Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

### Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.



## Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

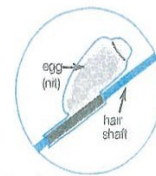
Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

## Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

## Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

## Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

## Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

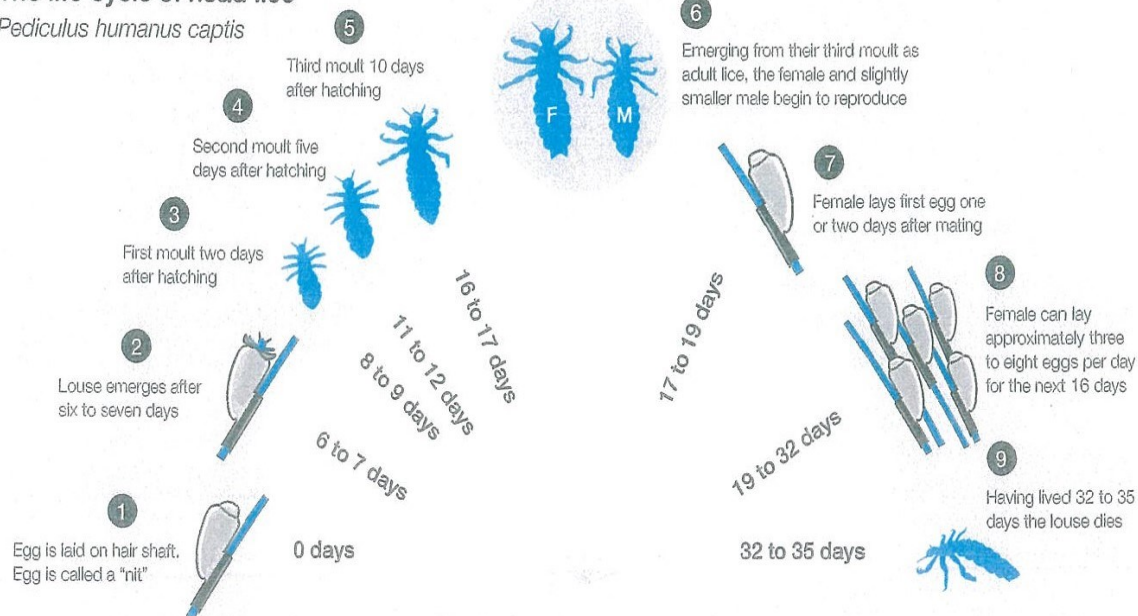
## Further information

The following website offers further information:

[www.health.vic.gov.au/headlice](http://www.health.vic.gov.au/headlice)

### The life cycle of head lice

*Pediculus humanus capitis*



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nitpickers Qld.

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# SUNSHINE WEEK

6 November -  
12 November  
2023

## HELP OUR REGIONAL CANCER CENTRE TO SHINE

BY SUPPORTING SUNSHINE WEEK

MONDAY, 6 NOVEMBER – SUNDAY, 12 NOVEMBER

## GET OUT IN THE SUNSHINE

HOST AN EVENT SUCH AS A MORNING TEA  
OR BBQ AT YOUR BUSINESS, SCHOOL,  
SPORTING CLUB OR COMMUNITY.

## 100% OF ALL DONATIONS STAY IN OUR COMMUNITY

TO SUPPORT FAMILY AND FRIENDS WITH CANCER

## LIFE-SAVING FUNDING

DONATIONS WILL BE SPENT ON  
LIFE-SAVING EQUIPMENT, CANCER RESEARCH  
WELLNESS SERVICES AND EDUCATION

To register your event visit:

[SUNSHINEWEEK.COM.AU](http://SUNSHINEWEEK.COM.AU)

OR PHONE 02 6064 1538

Albury Wodonga Regional Cancer Centre Trust Fund Inc.





# SUNSHINE WALK

SUNDAY 12  
NOVEMBER  
2023

SCAN HERE



**5km, 10km & 20km walks**

Or get a team together and take part  
in one of our Challenge Cups.

The Sunshine Walk aims to  
bring people together to raise  
funds and awareness for the  
Albury Wodonga Regional  
Cancer Centre Trust Fund.

## GET INVOLVED

[sunshinewalk.org.au](https://sunshinewalk.org.au)

 [#sunshinewalkforcancer](https://www.instagram.com/sunshinewalkforcancer)

 [/sunshinewalkforcancer](https://www.facebook.com/sunshinewalkforcancer)

For more information contact us:  
phone **02 6064 1538**  
email [events@awcancertrust.org.au](mailto:events@awcancertrust.org.au)

**Albury Wodonga** Regional Cancer Centre Trust Fund Inc.



# Important Calendar Dates - 2023

## Term 3

Monday 14th August	Information Session for 2024 Families Looking to Enrol at St Mary's - 9.30am, followed by school tour at 10.00am
Sunday 20 August	Confirmation
Mon-Fri 21-25 August	Book Week
Monday 21st August	Book Week Dress Up Parade
Tuesday 29 August	District Athletics
Thursday 31 August	Orientation visit - Rutherglen Kinder to visit 9.30-11.00am
Friday 1 September	Father's Day Stall - in the am, Sausage Sizzle 1-2pm followed by a Soccer Match
Tuesday 5 September	Grade 3/4 Borambola Camp
Wednesday 6 September	Grade 3/4 Borambola Camp
Wednesday 6 September	Country Buddies Orientation Visit
Friday 15 September	Last Day Term 3 for Students (Casual Clothes Day - Gold coin donation) 2.30pm finish

## Term 4

Monday 2 October	First Day - Term 4
Wed-Friday 1-3 November	Grade 5/6 Canberra Camp
Monday 6 November	Student Free Day - Report Writing Day
Tuesday 21 November	First Day of Foundation Transition 9.00-11.00am
Tuesday 28 November	Second Day of Foundation Transition 9.00-11.00am
Tuesday 5 December	Third Day of Foundation Transition 9.00am - 12.45pm
Monday 11 December	Grade 6 Graduation Dinner
Tuesday 12 December	Fourth Day of Foundation Transition 9.00am - 3.30pm

### Staff email addresses

Matt Attwater (Principal) - [mattwater@smrutherglen.catholic.edu.au](mailto:mattwater@smrutherglen.catholic.edu.au)  
Libby Dickinson (Gr 5/6 teacher) - [edickinson@smrutherglen.catholic.edu.au](mailto:edickinson@smrutherglen.catholic.edu.au)  
Michael Ratcliffe (Grade 4 teacher) - [mratcliffe@smrutherglen.catholic.edu.au](mailto:mratcliffe@smrutherglen.catholic.edu.au)  
Taylor Dickinson (Grade 2 teacher) - [tdickinson@smrutherglen.catholic.edu.au](mailto:tdickinson@smrutherglen.catholic.edu.au)  
Emily Morris (Grade 3 teacher) - [emorris@smrutherglen.catholic.edu.au](mailto:emorris@smrutherglen.catholic.edu.au) (Wednesday)  
Hannah Kelly (Gr 5/6 teacher) - [hkelly@smrutherglen.catholic.edu.au](mailto:hkelly@smrutherglen.catholic.edu.au)  
Sarah Grogan (Foundation/1 teacher) - [sgrogan@smrutherglen.catholic.edu.au](mailto:sgrogan@smrutherglen.catholic.edu.au)  
Nicole O'Mahony (Learning Diversity Leader) - [nomahony@smrutherglen.catholic.edu.au](mailto:nomahony@smrutherglen.catholic.edu.au)  
Jane van Zanten (Art/Grade 2) - [jvanzanten@smrutherglen.catholic.edu.au](mailto:jvanzanten@smrutherglen.catholic.edu.au) (Tuesday/Friday)  
Gina Nero (Italian teacher) - [gnero@smrutherglen.catholic.edu.au](mailto:gnero@smrutherglen.catholic.edu.au) (Tuesday)  
Amanda Arnot (Business Manager) - [aarnot@smrutherglen.catholic.edu.au](mailto:aarnot@smrutherglen.catholic.edu.au)  
Judy Fah (Reception/Administration) - [jfah@smrutherglen.catholic.edu.au](mailto:jfah@smrutherglen.catholic.edu.au)