

St. Mary's School Newsletter



Always faithful to God, ourselves and others in the spirit of the Presentation tradition.

St. Mary's is committed to Child Safety and the inclusion of all children.

Respect Ourselves - Respect Others - Respect our Environment

Term 1 - Week 2 - Friday 10 February, 2023

PBIS Expectations: Expectations in our Learning Spaces

Dear Families

WOW! WOW!

What a fantastic turn out at the Welcome Family BBQ last night Great to see so many families starting off our school year in such a positive atmosphere.





Phone - 02 6032 9284

Web - http://www.smrutherglen.catholic.edu.au
Email - principal@smrutherglen.catholic.edu.au
75-89 High Street, Rutherglen, Vic, 3685

PO Box 146

Office Hours - 8.00am - 4.00pm



Our School Prayer
Loving God,
We pray for peace and harmony
in our school, community and world.
Help us to make St Mary's School
a place where we all feel
welcomed, respected and valued.
May our school be a
safe and happy community
where we strive to reach our goals.
Help us to always Respect Ourselves,
Respect Others and Respect our Environment.
Amen

School Closure Day: Monday 20th February

There is a school closure day on Monday 20th Feb. All staff will part of professional development day focus on student data to improve learning outcomes.

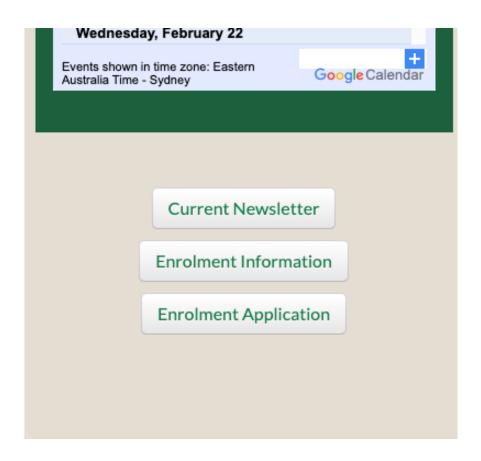
2023 school closure Days:

- 1. Monday 20th February Student Data Focus
- 2. Friday 31st March Staff attending Maths Conference (Melbourne)
- 3. Friday 26th May STEM Focus
- 4. Monday 6th November Report Writing Day

Assembly & Newsletter Changes

There has been a change in Assembly times this year. Starting from yesterday **School Assembly** will be on **Thursday afternoons at 3pm** on a fortnightly basis. All families are welcome so get to school pickup a little earlier every 2nd Thursday and join us at assembly.

The school newsletter is now going back to a weekly newsletter that will be **released every Friday at 2pm.** The newsletter will be available to view or download on PAM and on our school website found in the **Current Newsletter tab** on the front of the school website.



Free Parent Session at Gateway Health Wodonga

Please find below information for FREE parents sessions offered by gateway Health this term.

Parenting information sessions - Term 1 2023



FREE 2 hour sessions - Bookings are essential

| Adolescent Parenting | Raising Resilient Children (From the Triple P International) | Connecting with your kids Emotion Coaching |
|---|---|--|
| For parents and carers of children aged between 12 and 17 years | For parents and carers of children aged between 2 and 12 years | For parents and carers of children aged between 2 and 10 years |
| This session will provide information on: Development of teenagers - impacts and challenges How you can support your teenager's emotions and help them build resilience Connecting with your teenager Helping to problem solve Family values | This session will provide information on: Recognising and accepting feelings Expression of feelings Building a positive outlook Developing coping skills Dealing with negative feelings Stressful life events | This session will provide information on: Tuning into your child's emotions to help manage behaviour Learn about emotion coaching to help your child understand and regulate emotions Help manage meltdowns looking at child's brain development |
| Tuesday 28th March 7pm to 9pm Via online (Link will be provided) | Thursday 23rd February 7pm - 9pm Via online (Link will be provided) | Monday 20th March 7pm - 9pm Via online (Link will be provided) |

To book your place contact Gateway Health on 02 6022 8888 or email parenting@gatewayhealth.org.au

gatewayhealth.org.au

Parenting Programs - Term 1 2023



*There is no cost to attend these programs

| Location | Program | Duration | When | Where | Register |
|------------|--|-----------|--|---|--------------------|
| Wangaratta | Tuning in to Kids Emotionally intelligent parenting (2 - 10 years) | 5 weeks | Wednesdays 1st - 29th March 10am - 12pm | Wangaratta Library 21 Docker Street Wangaratta | Phone 02 6022 8888 |
| Wodonga | Tuning in to Teens Emotionally intelligent parenting (10 years and over) | 5 weeks | Mondays 27th February - 3rd April 6pm - 8pm | Gateway Health 155 High Street F11A & B | Phone 02 6022 8888 |
| Wodonga | Bring Up Great Kids (2-12 years) | 6 weeks | Tuesdays 28th February - 4th April 10am - 12pm | Gateway Health 155 High Street F11A & B | Phone 02 6022 8888 |
| Wodonga | Tuning into Kids Emotional intelligent parenting (2-10 years) | 5 weeks | Fridays 3rd - 31st March 10am -12pm | Gateway Health 155 High Street F11A & B | Phone 02 6022 8888 |
| Wodonga | Mother Goose (0 - 2 years) | Full term | Wednesdays 8th February - 5th April 10.30am to 11.30am | Gateway Health 155 High Street F11A & B | Phone 02 6022 8888 |
| Lavington | Mother Goose (0 - 2 years) | Full term | Fridays 3rd February - 7th April 10.30am to 11.30am | Orana Community Centre 40 Cardo Drive Springdale Heights | Phone 02 6025 3988 |

For more information on our programs phone 02 6022 8888

gatewayhealth.org.au



St. Mary's School 89 High Street Rutherglen Vic 3685 Telephone:(02) 6032 9284

Tuckshop Price List 2023 Silver Key Café

Tuckshop day is — **FRIDAY**ORDERS NEED TO BE PLACED BY WEDNESDAY, NO LATE ORDERS WILL BE PROCESSED

FRUIT

- Fresh Fruit Salad \$4.50

PASTRIES & HOT FOOD

- Large Plain Steak Pie \$4.50
- Party Pie \$2.00
- Large Sausage Roll \$3.50
- Party Sausage Roll \$2.00
- Chicken Strips \$1.00 ea
- Chicken Nuggets \$1.00 ea
- Chicken Strip Roll with Lettuce & Mayo \$5.00

SANDWICHES/ROLLS

- Vegemite/Cheese or Honey \$2.50
- Egg & Lettuce \$4.50
- Ham \$4.00
- Ham & Cheese \$4.50
- Ham, Cheese & Tomato \$4.80
- Ham, Cheese & Pineapple \$4.80
- Chicken \$4.50
- Chicken, Lettuce & Mayo \$4.80
- Chicken & Cheese \$4.80
- Ham Salad Roll \$6.00
- Chicken Salad Roll \$6.00

DRINKS

- Water \$3.00
- Nippy Milk Chocolate/Strawberry \$3.00
- Nippy Orange Juice \$4.00
- Kiewa Chocolate Milk (500ml) \$4.00

HOW TO PLACE A LUNCH ORDER

- 1. Write your child's full name and class (e.g. F/1) on a paper bag and bring to school on the Wednesday.
- 2. Write the items you require, with the amount written beside each item and a total at the bottom.
- 3. Place correct money in the bag and leave it with your child's teacher on Wednesday morning.

School Photo day—Friday 17 February 23:

Our School Photos will be taken on Friday 17th February after 12noon.

Order forms/envelopes have been handed to students. These envelopes should be completed and returned to Judy in the front office on or before photo day.

Important - Please ensure your child is in full summer uniform!





We send our best wishes to all who are celebrating their birthdays this week!









Matilda

Axel

Ava

Well done to this week's Class Award Winners: Amelia, Polly, Emma, Jed, Oscar, Seth, Callan, Freya, Zac and Zoe.





Frosty Friday Term 1 & 4:

Every Friday our **Senior Catholic Identity Team** will be selling frozen Zooper Doopers for 50c. The money raised goes to support our sponsor child in the Philippines and to CARITAS.

2023 School Information Book

Today all families received the **2023 School Information Book**. The book outlines all the day-to-day runnings of the school. Please read the book and keep it in a safe place .



PBIS: Expectations in Our Learning Spaces

| Classrooms and Learning spaces | Respect Ourselves | Respect Others | Respect our Environment |
|--------------------------------------|---|--|---|
| RESPECT | Listen to the person Speaking Do your best work Have a go at new Things Listen and follow Instructions Be organised Join in and participate Be in correct uniform Be organised Enter and exit rooms calmly and correctly Exiting people go first | Listen to the person speaking Encourage others Be inclusive of others Offer help to others Take turns Share equipment Don't sit in front of them Be kind to others Be patient with others Value differences Respect people's personal Space Walk Use your 'inside voice' | Clean up your workspace when you've finished Use resources correctly Put rubbish into the correct bins Use equipment for the correct purpose |

Have a great weekend

Matt



Important Calendar Dates - 2023

Term 1

Wednesday 15 February Foundation Rest Day

Friday 17 February School Photos

Monday 20 February Student Free Day—Staff PD

Tuesday 21 February Swimming Program - Rutherglen Pool Wednesday 22 February Swimming Program - Rutherglen Pool

Foundation Rest Day

Thursday 23 February Swimming Program - Rutherglen Pool

Monday 27 February Swim Carnival - Rutherglen Pool

Monday 13 March Labour Day Public Holiday

Friday 24 March Reconciliation Grade 3

Friday 31 March Student Free Day—Staff PD

Thursday 6 April Last Day Term 1 for Students

(Casual Clothes Day - Gold coin donation) 2.30pm finish

Term 2

Monday 24 April First Day - Term 2

Friday 23 June Last Day Term 2 for Students

(Casual Clothes Day - Gold coin donation) 2.30pm finish

Term 3

Tuesday 5 September Grade 3/4 Borambola Camp
Wednesday 6 September Grade 3/4 Borambola Camp
Wed-Thursday 1-3 November Grade 5/6 Canberra Camp

Staff email addresses

Matt Attwater (Principal) - mattwater@smrutherglen.catholic.edu.au
Libby Dickinson (Gr 5/6 teacher) - edickinson@smrutherglen.catholic.edu.au
Michael Ratcliffe (Grade 4 teacher) - mratcliffe@smrutherglen.catholic.edu.au
Chris Lamb (Grade 2 teacher)) - clamb@smrutherglen.catholic.edu.au
Emily Morris (Grade 3 teacher) - emorris@smrutherglen.catholic.edu.au (Wednesday)
Hannah Kelly (Gr 5/6 teacher) - hkelly@smrutherglen.catholic.edu.au
Sarah Grogan (Foundation/1 teacher) - sgrogan@smrutherglen.catholic.edu.au
Nicole O'Mahony (Learning Diversity Leader) - nomahony@smrutherglen.catholic.edu.au
Jane van Zanten (Art/Grade 2) - jvanzanten@smrutherglen.catholic.edu.au (Tuesday/Friday)
Gina Nero (Italian teacher) - gnero@smrutherglen.catholic.edu.au (Tuesday)
Amanda Arnot (Business Manager) - aarnot@smrutherglen.catholic.edu.au
Judy Fah (Reception/Administration) - jfah@smrutherglen.catholic.edu.au