



# St. Mary's School Newsletter

*Always faithful to God, ourselves and others in the spirit of the Presentation tradition.*

*St. Mary's is committed to Child Safety and the inclusion of all children.*

**Respect Ourselves - Respect Others - Respect our Environment**

**Term 1 - Week 7 - Friday 12 March, 2021**

## IMPORTANT DATES

**Wednesday 17 March**

**Cyber Safety work-  
shop (Grades 3 to 6)**

## PBIS Focus of the Week - Expectations in the Toilets

Dear Parents/Carers,

## 4th Sunday Of Lent

This coming Sunday is the fourth Sunday in Lent.

“For God so loved <sup>the</sup> world,  
that he gave his only Son,  
<sup>that whoever</sup> <sup>believes in him</sup> should not perish  
but have eternal life.”

John 3:16

### Weekend Mass

#### Times

Saturday 6pm  
Chiltern

Sunday 9am  
Rutherglen

Sunday 10.30am  
Wahgunyah

### Gospel Reflection:

This Sunday is Laetare (“Rejoice!”) Sunday! It is on this Fourth Sunday of Lent that we change liturgical colors to rose in honor of the fact that Easter is drawing near. It is a time to rejoice in the coming celebration of the events of our salvation. On this “Rejoice!” Sunday, reflect on what brings you joy in life and thank God for those things.

### COVID Restrictions: On School Grounds:

Just a reminder that if parents/visitors are on school grounds for more than 15 minutes contact details need to be taken by the school. Please stick to the 15 minutes. So far it has been working well.

### Parent Teacher Interviews:

On Tuesday the 23rd March we will be holding our first face to face parent teacher interviews for a year!!! Next Tuesday at 4pm I will be opening the PAM portal for you to book in to meet with your child's teacher.

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Office Hours - 8.00am—4.00pm



## Parent-Teacher Interviews

### Bullying Day Friday 19th March:

The students will be participating in a variety of activities throughout this day. Take time to talk to your children about what they have learnt and the tips in the table below.



## What we can do

### Student tips

#### If it happens in person, try these:

- **Ignore them.** Try not to show any reaction.
- **Tell them to stop** and walk away.
- **Pretend you don't care.**
- **Go somewhere safe.**
- **Get support** from your friends.

#### If it happens online, try these:

- **Avoid responding** to the bullying.
- **Report and block** anyone who is bullying online.
- **Protect yourself online** using privacy settings and keep records.

#### If you see someone being bullied:

- **Leave negative conversations.** Don't join in.
- **Support others** being bullied.

#### If it doesn't stop:

- **Talk to an adult** (parent/carer/teacher) who can help stop the bullying.
- **Keep asking** for support until the bullying stops.

### Parent tips

#### If your child talks to you about bullying:

1. **Listen** calmly and get the whole story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want you to do about it and how you can help.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find strategies.
5. **Check in** regularly with your child.

### Need help now?

Kids Helpline [www.kidshelpline.com.au](http://www.kidshelpline.com.au)  
**1800 551 800**

headspace [www.headspace.org.au](http://www.headspace.org.au)  
**1800 650 890**

Online bullying [www.esafety.gov.au](http://www.esafety.gov.au)

**BULLYING. NO WAY!**

### Cyber Safety on Wednesday 17th March

The Grades 3 to 6 and staff have great pleasure in welcoming Kirra Pendergast to our school on Wednesday as part of our anti bullying campaign this week. Kira will also be running a parent webinar in the weeks to come, so please watch this space.

#### Kirra Pendergast - CEO and Principal Consultant

After a 20+ year career in Cyber Security and IT Business Consulting, in 2009 Kirra founded Australia's first consulting firm focused on Cyber Safety. KCL Business Solutions completed eSafety Risk Reviews, Policy Development, and Training Solutions for major Qld Government departments and businesses. In 2014 Kirra Pendergast founded Safe on Social Media Pty Ltd after experiencing serious and relentless cyberbullying and trolling herself. Kirra speaks on the topic of Cyber Safety and her own experience with serious cyber bullying, to 1000's of people each week. Kirra presents to students K-12, teachers and parents at schools across Australia and New Zealand.



## Army Museum and Bonegilla Migrant Museum

On the 11th of March 2021, the senior end of St Mary's Rutherglen went to the Army Museum and the Bonegilla Migrant Museum. We found out the Army Museum has the most amount of items and utilities of Army history in Australia. When we first walked into the Army Museum we saw some pretty cool things such as guns, swords, cars, tanks, helicopters and troop carriers. There were lots of army uniforms and unique medals and badges. Our favourite part was checking out all of the vehicles. We really enjoyed the hands-on activities like the Jeep, helmets and machine gun.

Then we went to the Bonegilla Migrant Museum. We had two awesome tour guides, Wendy and Sharon. We went on a tour around Block 19, some of the last buildings from the Migrant camp. A migrant is someone who travels from overseas to live in another country. Lots of people came from other countries to Australia to have a better life. Something interesting that we learnt was the camp was meant to hold 10,000 people but ended up with 110,000 people. Another interesting thing was that they had lots of shared rooms, bathrooms and kitchen/mess hall. They didn't have much electricity or fans to keep them cool and the beds were really hard. It was very interesting to learn about how migrants came to Australia in the 1947-1971.

Written by Grade 5.



## HARMONY DAY

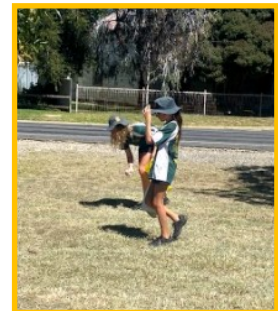


On the 25 March 2021 St Mary's is celebrating Harmony Day a time to celebrate multiculturalism. It's a day where we celebrate the values of inclusiveness, respect, diversity and belonging for all Australians, regardless of their background. On this day students will be involved in an Italian performance and if they wish can dress up based on a traditional dress from countries around the world!









## Congratulations to our School Award winners this week

**Back row:** Isla Verhulst 1/2LD, Brodie Upton 6ST, Ryan Moore 3/4BC&NO, Amanda Arnot (Admin), Will Giason 3/4 BC&NO

**Front row:** Declan Pearson 6 ST, Declan Zani F HK, Ella Fisher F HK, Charlotte Colwell 1/2 LD and Dusty Fisher 5 JS&JV





# MATHS IS ALL AROUND YOU

## TOP 5 TIPS FOR PARENTS

**Maths is all around you! You can explore maths while doing daily activities to help develop your children's maths and numeracy skills.**

### 1. MATHS IN COOKING

Cooking is all about maths! And it's something we can all do. Get children to read instructions, measure ingredients, and ask questions about the maths involved. Let them explore the

numbers, while being rewarded with a tasty treat! Extend this to maths in the veggie garden as you grow ingredients.

*Explore: Measuring and quantities, time, fractions, estimation, temperature.*



### 2. MATHS IN SPORT AND EXERCISE



Many children love sport, but often don't realise how much maths there is in it! Ask questions about performance statistics, compare and analyse players. Or try

footy tipping as a way to analyse team performance. Exercise is an opportunity! Estimate how far you will run today, and how long it will take. Use an app like Strava to record activity and look at the stats.

*Explore: Distance, time, speed, estimating, statistics, comparing, data and data display.*

### 3. PLAYING GAMES

Games are an awesome way to have fun with maths, any games with counting and dice help develop basic number sense. Many games explore money (Think Monopoly!), and puzzles often work with pattern and shape.

*Explore: Numbers, counting, addition, money, number recognition, pattern, shape.*



### 4. MONEY, SHOPPING AND BUDGETS



Have you ever given your children a budget to purchase the ingredients for a meal? What about shopping for their clothes? You could explore paying the bills, or calculating how

much it costs to run a car? What about budgeting for a holiday! Depending on your child's age there are plenty of activities to try.

*Explore: Money, calculating amounts, addition, subtraction, budgeting, tracking, estimating.*

### 5. JUST ASK QUESTIONS



Regardless of the maths you are exploring, the main strategy here is to ask questions!

Let your children explore, while you prompt them with questions to challenge and expand their thinking. You don't need to know the answers you can work them out together!

*Explore: Maths in the media, fake news, global news.*

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Indigo North Health Inc Rutherglen OSHC

PH: 0419439286

**BOOKINGS MUST BE MADE BY THURSDAY 25<sup>th</sup> MARCH 2021**

Vacation Care –2021

Tuesday 6<sup>th</sup> APRIL – Friday 16<sup>th</sup> APRIL

5/04 – 9/04	12/04 – 16/04
PUBLIC HOLIDAY NOT OPEN	TREASURE HUNT
CRAZY CRAFT	ART ATTACK
Movie day @ OSHC	MOVIE DAY in Albury \$25 extra
JUNIOR COOK	PAPER BAG DECORATION
BOARD GAMES DAY INSIDE & OUTSIDE	FASHION DESIGN DAY

**OUTSIDE ACTIVITIES (WEATHER PERMITTING)**



## COMMUNITY DROP IN SESSIONS COUNCIL PLAN 2021-2025


All residents are encouraged to attend these sessions to help shape the next Indigo Shire Council Plan.

Kiewa/Tangambalanga 6.30pm, Tuesday 16 March Coulston Park	Stanley 5.00pm, Thursday 25 March Stanley Soldiers Memorial Hall
Wahgunyah 5.00pm, Thursday 18 March Wahgunyah School of Arts	Beechworth 6.30pm, Thursday 25 March Beechworth Memorial Hall
Rutherglen 6.30pm, Thursday 18 March Rutherglen Senior Citizens Hall	Chiltern 5.00pm, Wednesday 7 April Chiltern Memorial Hall
Yackandandah 6.30pm, Tuesday 23 March Yackandandah Public Hall	Barnawartha 6.30pm Wednesday 7 April Barnawartha Soldiers Memorial Hall

Phone: 1300 365 003  
Website: [www.indigoashire.vic.gov.au/enaade](http://www.indigoashire.vic.gov.au/enaade)



## PBIS Focus this week - Etiquette when eating

Etiquette when eating	Respect Ourselves	Respect Others	Respect our Environment
	<p>Clean up after ourselves.</p> <p>Stay seated for eating time.</p> <p>Make good food choices.</p> <p>Sanitise before and after eating.</p>	<p>Talk quietly to the people around you.</p> <p>Eat with your mouth closed.</p> <p>Keep your lunchboxes and drink bottle in your own space.</p> <p>Only eat your own food.</p>	<p>Put lunch boxes in bags when finished.</p> <p>Put rubbish in the correct bins but even better take your lunch box rubbish home.</p> <p>Leave a clean space.</p>



### PBIS Winners

Well done to this week's PBIS winners:

Colton Pearson 1/2LD, Skye Delaney 1/2LD, Jackson Cooke 3/4BC&NO, Carvyn Stubbs 5JS&JV, Callan Tracy 1/2LD, Ryan Moore 3/4BC&NO, George Morris 3/4BC&NO and Antonio Finnemore 5JS&JV

#### Frosty Friday's:

The Catholic Identity Team will be selling Zoopers Doopers for 50c each Friday of this term. All money raised will go to Caritas.



*Have a great weekend,*

*Libby*





# Important Calendar Dates - 2021

## Term 1

Wednesday 17 March	Cyber Safety workshop (Grades 3 to 6)
Thursday 25 March	Italian Performance incursion
	Harmony Day - Countries of the world Dress Up day
Tuesday 23 March	Parent Teacher Interviews
Wednesday 31 March	Easter Hamper raffle draw
Thursday 1 April	Last Day Term 1 (Casual Clothes Day - gold coin donation) 2.30pm finish
Friday 2 April	Good Friday

## Term 2

Monday 19 April	First Day Term 2
Tuesday 20 April	Whole school parent sacramental meeting
Wednesday 21 April	Upper Murray State Swimming
Monday 26 April	Anzac Day Holiday
Monday 3 May	School Closure Day (Staff PD)
Friday 7 May	Cross Country
Monday 14 June	Queen's Birthday Holiday
Friday 25 June	Last Day Term 2

## Term 4

Thursday 21—Friday 22 October	Borambola Camp (Grades 3/4)
Wednesday 27—Friday 29 October	Canberra Camp (Grades 5 & 6)

### Staff email addresses

Matt Attwater (Principal) - [mattwater@smrutherglen.catholic.edu.au](mailto:mattwater@smrutherglen.catholic.edu.au)  
Libby Dickinson (Junior Classroom teacher) - [edickinson@smrutherglen.catholic.edu.au](mailto:edickinson@smrutherglen.catholic.edu.au)  
Hannah Kelly (Junior Classroom teacher) - [hkelly@smrutherglen.catholic.edu.au](mailto:hkelly@smrutherglen.catholic.edu.au)  
Shannon Terlich (Senior Classroom teacher) - [sterlich@smrutherglen.catholic.edu.au](mailto:sterlich@smrutherglen.catholic.edu.au)  
Jodie Smith (Senior Classroom teacher) - [jsmith@smrutherglen.catholic.edu.au](mailto:jsmith@smrutherglen.catholic.edu.au)  
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Nicole O'Mahony (Learning Diversity Leader) - [nomahony@smrutherglen.catholic.edu.au](mailto:nomahony@smrutherglen.catholic.edu.au)  
Jane van Zanten (Art Teacher) - [jvanzanten@smrutherglen.catholic.edu.au](mailto:jvanzanten@smrutherglen.catholic.edu.au) (Monday)  
Gina Nero (Italian teacher) - [gnero@smrutherglen.catholic.edu.au](mailto:gnero@smrutherglen.catholic.edu.au) (Monday)  
Amanda Arnot (Administration Officer) - [aarnot@smrutherglen.catholic.edu.au](mailto:aarnot@smrutherglen.catholic.edu.au)