

St Mary's School, Rutherglen (a child safe school)

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Newsletter *Issue 9 - Term 1 - Wednesday 3 April, 2019*

PRAYERS FOR LENT DURING HOLY WEEK

Lenten Prayer for Holy Thursday

Jesus, in these last few days leading up to Easter, as I recall your passion and death, let me remember that, above all, I am called to feed your sheep. You have given me a model of how to live; may I strive to be all that you created me for, spreading the love of God and the truth of our Catholic faith wherever I am able. You are the way, the truth, and the life. Amen.

Lenten Prayer for Good Friday

Jesus, no one knows change better than you. You died on the cross, and three days later you rose from the dead. Forty days later you ascended into heaven and left the world transformed for the rest of time. Help me to transform my soul, to die to sin and death and be reborn in your love and eternal life. Amen.

Lenten Prayer for Holy Saturday

Jesus, you are courage incarnate. As you hung on the cross for my sins and the sins of the world, you showed me that all things are possible. You knew that life did not end on the cross. It was only the beginning of a new and glorious eternal life. Amen.

Lenten Prayer for Easter

Almighty Father, I thank you for the gift of your son, Jesus Christ, who rose from the dead and redeemed humankind. Fill us with the fire of the Holy Spirit, that we may be faithful disciples and enthusiastic witnesses of our Catholic faith. Alleluia, Christ is risen! He is risen, indeed.

Weekend Mass Times:

Chiltern Saturday 6pm

Rutherglen Sunday 9am

Wahgunyah Sunday 10.30am

IMPORTANT DATES

Wednesday 3 April

2nd round Hot Cross Bun orders delivered

Thursday 4 April

Easter Raffle draw - 3.10pm

Friday 5 April

Last Day Term 1

(Casual Clothes Day - gold coin donation)

Glenview Visit

Sporting Schools Gymnastics Program (during school hours)

Dear Parents/Carers,

This Sunday is the 5th Sunday of Lent.

Easter and Holidays

Palm Sunday and Holy Week fall in the final week of the school holidays.

I hope all families are able to enjoy a 'real' family Easter together whilst also catching up with friends and other extended family. Please check the mass times during Holy Week inside the newsletter.

Holidays

All staff and students have had a wonderful and productive term together and are looking forward to the upcoming term break to recharge ready for another busy term ahead. I would like to particularly mention our Foundation students (pictured right) who have all had a fantastic term together. Well done.

This Week is the Last of Term One

Remember this **Friday, 5th of April**, is the last day of term. School finishes at 2.30pm. All buses will pick up bus children at 2.30pm.

School resumes for **Term Two on Tuesday 23rd of April.**

The first week back will be a short week as Easter Monday is a holiday and ANZAC day falls on the Thursday of the first week back.



School Office Refurbishment

The new Administration area is just about complete and will be in use day one of Term Two. The area has had a major transformation and I'm sure once you see it you will agree it has become a very professional and functional area of our school. There are a few photos of earlier progress works



Casual Day

Last Day of Term

The last day of term is always a casual day for a gold coin donation. Money raised goes towards the school's sponsor child. Please ensure all students still have a hat and wear appropriate footwear as Friday is sports day. Thongs and roller blade type shoes are not appropriate.

The Easter hampers will be made up tomorrow, we still could do with a few more donations. Please drop them in first thing tomorrow morning.

Easter Raffle Hampers, more donations please!! and Some Helpers

Thanks to all families who donated items for our Easter Raffle. The Easter raffle hampers will be drawn this Thursday afternoon at 3.10 pm in the under cover area. We are looking for a few helpers to make the hampers up on Thursday morning. Please let Amanda know if you can help out.

PBIS Awards (Positive Behaviour in Schools): This week's Focus: Expectations at Assembly

Toilets	Respect Ourselves	Respect Others	Respect our Environment
	<ul style="list-style-type: none"> Be quiet and ready to listen to the speakers Face the speakers Clap appropriately Sit appropriately on the floor Enter and exit rooms calmly 	<ul style="list-style-type: none"> Walk into assembly quietly and quickly Hands and feet to myself Be a good listener Make a good choice to sit with my peers Be aware of other students personal space Listen to the teachers when they have given an instruction Let parents through the door first Line up at the end of assembly in emergency evacuation line. 	<ul style="list-style-type: none"> Show school pride by singing the National Anthem Help pack up chairs after the assembly Pick up all my belongings, eg. drink bottle, jumper. Take props, school work and items back to classroom in a respectful way.

Congratulations to this week's PBIS Winners

(pictured right):

Callum Potter 3/4 MF/JS, Hannah Robins 3/4 Mf/JS & Jaz Lea 5/6 JM

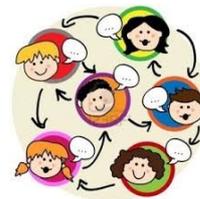


Have a great week and a great Easter,
Matt
Principal



CHILDREN'S CHATTER MATTERS

Activity for this Week



PHONOLOGICAL AWARENESS

BLENDING/SEGMENTING

Become a robot leader!

Say this rhyme in a robot voice, sound out simple words, and have your child respond: "I am a robot. Can you help me? Can you tell me what I see? I see a /c/ /a/ /p/."

Encourage your child to repeat the rhyme in "robot talk" and then blend the final word to answer the robot's question.

To make it a segmenting task, the adult says the word and the child breaks it into sounds like a robot.

PHONOLOGICAL AWARENESS

SOUND MANIPULATION

Sound thief:

The child makes different words by changing or deleting sounds in a word e.g. if you are changing all words to begin with /t/ sound then 'chair' would become 'tair' and 'lot' would become 'tot.' For something a bit harder: Try changing the final sound e.g. 'pack' would become 'pat' and 'flag' would become 'flat'.

Ask your child to steal a sound at the start or end of a word and tell you what's left.



We send our best wishes to:



Faith O'Donoghue (9/4), William Giason (11/4), Harry Saunders (15/4) & Zoe Buscall (22/4)

who will be celebrating their birthdays this week and over the holidays.



Thanks to Milligan Morris, Matilda Colwell, Lucinda Steel & Faith Barkley for performing a special dance for me at lunch time on Monday. Your dance made me very happy, Amanda (in the office).

Natural and Logical Consequences

Consequences help children understand behavioural expectations. A **natural consequence** is one that occurs without parents imposing it. For example, if your child doesn't tidy her room the consequence might be that she is unable to find her favourite toy. A **logical consequence** is one imposed and related to the behaviour you want to discourage. For example, if your child's wears muddy boots inside they will need to clean it up.

- Keep consequences age appropriate and fair
- Be sure you can follow through with the consequences you set up
- Make consequences immediate
- Make consequences natural or logical and non-punitive.
- Make consequences short and direct. Keeping them short (e.g. T.V off for 10 minutes because siblings are fighting over it) means they will have the opportunity to solve the problem differently when it comes back on. If it's off for the rest of the day they do not have the opportunity to learn how to solve it differently.

Adapted from the Raising Children Network and Carolyn Webster-Stratton



NORTH EAST CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (NECAMHS)

4/155 High Street, PO Box 1644 Wodonga VIC 3689 Telephone 02 6051 7900 Fax 02 6051 7922



'Games to Grow Resilience'

On Friday, grade 5 students and some year 6 students were lucky enough to participate in the, 'Games to Grow Resilience' program with St Joe's, Chiltern. The idea of the day was to train up our students so that they will be able to participate in a leadership role, implementing games for their younger peers, once a week during playtimes. We all had a fabulous day and I was extremely proud with how students conducted themselves on the day





Sacrament of Reconciliation

Congratulations to Paddy, Sam, Lucas, Travis, Antonio, Holly, Penny and Elijah who participated in the Sacrament of Reconciliation for the first time last Wednesday evening. Many thanks to Father Carey for his assistance in the program and to all of the parents who prepared the children perfectly during their weekly group sessions.

Aboriginal Studies, Mt Pilot Excursion

On Tuesday the grades 3/4/5&6s went to Mt Pilot National Park to learn more about Aboriginal Culture. We saw Aboriginal rock paintings of the Tasmanian Tiger, Snakes and Humans. We did a lot of walking until we got high enough to see the view, and then we walked all the way back down. After that we answered some questions and ate some lunch at Beechworth Gardens. Then we came back to school. *By Jaz Lea and Shaun Gunning (photos below)*

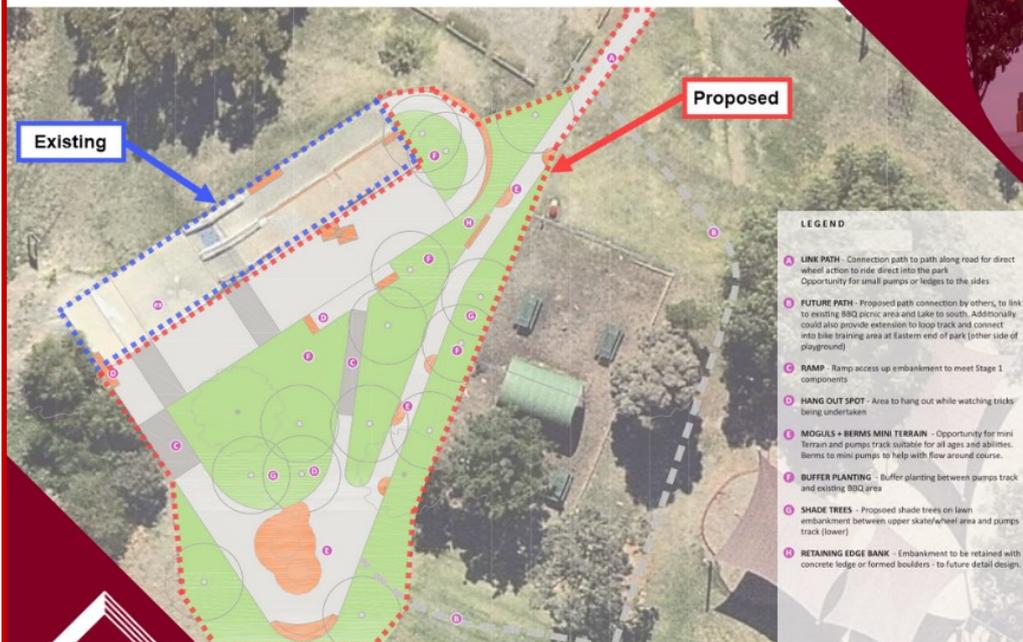
Easter Ceremonies

- Rutherglen - Holy Thursday - 6pm - Mass of the Lord's Supper
- Wahgunyah - Good Friday - 11am - Stations of the Cross
- Rutherglen - Good Friday - 3pm - Celebration of the Passion
- Rutherglen - Holy Saturday - 6pm - Easter Vigil
- Rutherglen - Easter Day - 9am
- Wahgunyah - Easter Day - 10.30am



Rutherglen Skate Park

Initial Concepts



DROP IN SESSION

Friday 5 April

9:30am - 5pm

Rutherglen Library

For more information email adam.flynn@indigoshire.vic.gov.au



Come and check out the design concepts for a proposed Skate Park and Activity Precinct in Rutherglen and let us know what you think!



COROWA RUTHERGLEN UNITED HOCKEY CLUB

CR United is running an U9s comp in 2019

Competition starts Thursday 2nd of May and will run during term 2 and 3

4:30 – 5:30pm at Ball Park Corowa

Cost \$40 for 8 and under, \$70 for 9 and 10 years (different hockey Vic rego cost)

Equipment available to purchase through the club.

For more information or to register your interest please contact Clara Davis - Junior Development Officer – 0415940569 – cdavis2808@yahoo.com.au or

crunitedhockey@gmail.com

Important Calendar Dates - 2019

Term 1

Wednesday 3 April	2nd round Hot Cross Bun orders delivered
Thursday 4 April	Easter Raffle draw - 3.10pm
Friday 5 April	Last Day Term 1 (Casual Clothes Day - gold coin donation) Glenview Visit Sporting Schools Gymnastics Program (during school hours)



Last minute Easter Raffle tickets still available at the office.

Please bring your Easter Egg donations into the office by tomorrow morning.
The more donations we receive, the more hampers available to win.

Term 2

Tuesday 23 April	First Day Term 2
Thursday 25 April	ANZAC Day Public Holiday
Friday 26 April	9.30am - Senior Mass
Tuesday 30 April	3.00pm - Assembly
Wednesday 8 May	Catholic Education Week - School Breakfast
Tuesday 14 May	3.00pm - Assembly

Term 3

Wed 30 October	Canberra Camp (Grades 5 & 6)
Thur 31 October	Canberra Camp (Grades 5 & 6) Borambola Camp (Grades 3 & 4)
Fri 1 November	Canberra Camp (Grades 5 & 6) Borambola Camp (Grades 3 & 4)

Staff email addresses

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Amanda Arnot—(Administration Officer) - aarnot@smrutherglen.catholic.edu.au