

St Mary's School Newsletter



Issue 30 Term 4 17 October 2018

A Child Safe School

From the Principal - Matt Attwater



PBIS Focus of the Week Whole School Expectations

Dear Parents/Carers,

Gospel Summary

In this Sunday's Gospel, James and John, the sons of Zebedee, were concerned about who would sit at Jesus' right and at Jesus' left in the heavenly kingdom. They, like the other disciples, did not understand Jesus' teaching that things are different in God's kingdom. The greatest ones are the least among us. They are those who humble themselves to be the servants of all.

Reflection for Parents

Take a few minutes today to offer thoughts of gratitude for all the people who serve you and your family. Think of those who are easy to take for granted—the postman, the waiter or waitress at the restaurant, your assistant at work, the garbage collector, your spouse, and even your children. Say "Thank you" to these and others who serve you in any way in the week to come. When you are with your family, help them become more aware of all who serve them in quiet and faithful ways too. Teach them to say "Thank you" and encourage them to be grateful for the care and goodness these servants bring into your lives

Mission Sunday

This Sunday, 21st October, is **Mission Sunday**, which is a day set aside for the Catholic Church throughout the world to publicly renew its commitment to the missionary movement. It is celebrated on the penultimate Sunday of October every year. It was created by Pope Pius XI in 1926 as the day of prayer for missions.



Continued next page

Weekend Mass Times:

Chiltern Saturday 6pm
Rutherglen Sunday 9am
Wahgunyah Sunday 10.30am

Important Dates

Wednesday 17th October

Book Club Issue 7 - orders due

Thursday 18th October

Junior Mass - 9.30am

Friday 19th October

Regional Athletics

Grade 5 Upper Murray
Leadership day - Catholic
College, Wodonga

Wednesday 24th October

St. Mary's Corowa Musical
Performance
(Foundation/Gr1/Gr2)

Thursday 25th October

Assembly - 9.15am

Friday 26th October

Grandparent's Day (more
information next week)

Walk from Barkly Park (8.30am)
to School followed by a healthy
morning snack

75-89 High Street - Rutherglen - Vic - 3685

Phone - 02 6032 9284

Web - <http://www3.smrutherglen.catholic.edu.au>

Email - principal@smrutherglen.catholic.edu.au

Insight SRC School Improvement Surveys

Some families have received an Insight SRC School Improvement Survey this week. These surveys provide important data about our school, from a parent perspective, that we use to continually improve as a school community. If you have received a survey could you return it to school as soon as possible. All surveys need to be back at school by Thursday 25th of October.

Walk to School: Friday 26th of October

Remember Friday the 26th of October is Walk to School Day. We will walk to school from Barkly Park at 8.30 am. All bus students will be dropped off at Barkly Park instead of school on the day. We will arrive at school where students will have a healthy snack and drink. Parents, grandparents, toddlers and prams are all encouraged to join us.

Division Athletics Carnival

Congratulations to the students who represented the school last Friday in Albury at the Division Athletics Carnival, by all reports they were beautifully behaved. Well done to Caleb Lee-Wood and Rory Beattie who both jumped PBs in the High Jump event. Good luck to Rory Beattie, Georgie Kelly, Jasmine Branelle and Lukas Moore who have progressed to the next stage this Friday.

The Jungle Book DVD's

Families who have purchased The Jungle Book production DVDs will receive them next Monday.

No Hat No Play Policy

The beginning of term 4 sees the **No Hat No Play** strictly enforced. All students will need a **SCHOOL HAT** when playing outside during term 4. School hats are available for sale for \$12 in the office, or at Brunella Schoolwear Corowa. (**Note:** The floppy type school hat is only available from Brunella. The school only has broad hard brimmed school hats for sale.)


Remember: No After School Sports Program for this Term

Unfortunately we were unsuccessful in receiving Government funding for the Australian Sporting Schools Program for term 4 due to an extraordinary amount of schools applying. This in turn means that we cannot offer the After-school Program for this term. We will apply for funding again at the end of term 4 and hopefully be able to run the program in term 1 of 2019.

Long Service Leave

I will be taking 4 weeks long service leave from next week during weeks 3-6 of this term to spend time with my daughter, Evika, who is coming home from Berlin for a 5 week holiday before she returns back to Germany. Libby Dickinson will be Acting Principal in my absence.

PBIS Classroom Matrix: As a school we will be focussing on expectations for the **Whole School** this week

Whole School	Respect Ourselves	Respect Others	Respect our
	<ul style="list-style-type: none">• Wear correct uniform• Care for your own belongings• Do your best work• Listen and participate• Be ready to be a learner• Respect learning time• Label your belongings	<ul style="list-style-type: none">• Be polite• Accept differences• Use respectful and inclusive language• Speak kindly to others• Consider how your actions impact others	<ul style="list-style-type: none">• Pick up litter• Be careful with school property.• Respect property and resources

Thursday 9:30 am - Senior Mass



Congratulations to this week's PBIS Winners:

Teddy Giason (2LD), Grace Fuge (4MF) & Lillian Baker (4MF)
(pictured below)



Have a Great Week!

Matt



We send our best wishes to:

Kasey Rhodes (20th Oct)

who will be celebrating his birthday this week.

Staff email addresses

Matt Attwater (Principal) —mattwater@smrutherglen.catholic.edu.au

Libby Dickinson (Junior Classroom teacher) - edickinson@smrutherglen.catholic.edu.au

Hannah Oberin (Junior Classroom teacher) - hoberin@smrutherglen.catholic.edu.au

Kayla Hibberson (Senior Classroom teacher) - khibberson@smrutherglen.catholic.edu.au

John McNamara (Senior Classroom teacher) - jmcnamara@smrutherglen.catholic.edu.au

Mel Field (Senior Classroom teacher) - mfield@smrutherglen.catholic.edu.au

Nicole O'Mahony (Learning Diversity Leader) - nomahony@smrutherglen.catholic.edu.au

Amanda Arnot—(Administration Officer) - aarnot@smrutherglen.catholic.edu.au

CHILDREN'S CHATTER MATTERS

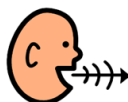
Encourage good listening this week by reminding your child to show you the 5 Ls for listening;

- Eyes for looking
- Lips locked
- Ears for listening
- Hands in laps (or as appropriate)
- Legs still



In addition, encourage good speaking skills this week;

- Inside or outside voice
- Facing listener
- Speech rate - not too fast but not too slow
- Make your voice sound interesting



Junior news

Last Friday the Juniors read the story "Stone Soup" which is a classic folk tale about two poor travellers that arrive in a town and go door to door, begging for food, but no one will share with them. The travellers then announce to the town that they need a large pot to make magical "stone soup." This is a clever story that teaches an essential lesson about the rewards of sharing. We enjoyed eating the soup as a class and learnt an important lesson about sharing.



Important Calendar Dates 2018

TERM 4

Walk to School Month - 8th October through to 2nd November.

Wednesday 17th October	Book Club Issue 7 - orders due
Thursday 18th October	Junior Mass - 9.30am
Friday 19th October	Regional Athletics
	Grade 5 Upper Murray Leadership day - Catholic College, Wodonga
Wednesday 24th October	St. Mary's Corowa Musical Performance (Foundation/Gr1/Gr2)
Thursday 25th October	Assembly - 9.15am
Friday 26th October	Grandparent's Day (more information next week)
	Walk from Barkly Park (8.30am) to School followed by a healthy morning snack
Wednesday 31st October	Grade 6 students—Ancient Societies Day @ Rutherlgen High School
Thursday 1st November	Senior Mass - 9.30am Movie night fundraiser - Alvin and the Chipmunks 2
Monday 5th November	Report Writing Day (School Closed)
Tuesday 6th November	Melbourne Cup Public Holiday (School Closed)
Friday 9th November	Responsible Pet Ownership Program
Tuesday 20th November	Foundation transition Day 9.00am - 11.00am
Tuesday 27th November	Foundation transition Day 9.00am - 11.00am
Friday 30th November	Kanga Cricket Carnival - Senior School (3-6)
Monday 10th December	Rutherglen High School transition day Grade 6 to Yr 7
Tuesday 11th December	Grade 6 transition day (all schools)
Friday 14th December	End of Year Mass
	Reports released 4pm
	Rutherglen Christmas Carols
Monday 17th December	Grade 6 Graduation Dinner - Corowa RSL
Wednesday 19th December	Last Day - Term 4 - Casual Clothes (Gold coin donation) Students dismissed at 2.30pm
Thursday 20th December	Staff - Planning Day

Division Athletics Carnival

Friday 12th October, 2018

On Friday 12th October, Flynn Verhulst, Lukas Moore, Violet Fisher, Felicity Hartung, Georgina Kelly, Jasmine Branella, Rory Beattie and Caleb Lee-Wood participated in the Division Athletics Carnival. Congratulations to all students for their amazing efforts. They were fantastic on the day and the support and encouragement from each individual was remarkable. A big thank you to Bec Verhulst, Liz Fisher and Ann Lee for taking care of our students throughout the day.

Well done to Rory, Georgie, Lukas, Felicity and Jasmine for making it through to the Regional Carnival. We wish them all the best for this Friday.





Your child's first smartphone—are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

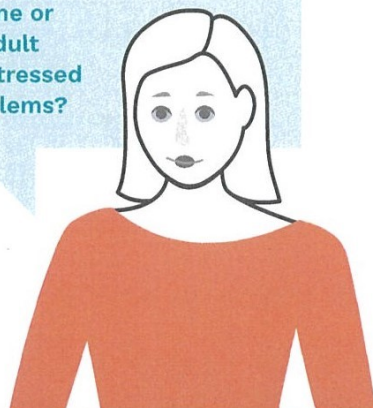
But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone—two percent of children aged between five and eight years old, and 29 percent for children aged five to 14 years. This figure is likely to be higher now!

For many parents and carers, five years old would seem too young. For others, it might offer them peace of mind and security to know they can keep in touch with their child—especially in an emergency.

The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

My child has their first smartphone—now what?

When your child receives their first smartphone it's a great opportunity to instil safe online behaviours early on, so they can carry these skills through to their teens and beyond.

Here are some tips for getting them on board with good online habits.



Establish rules at the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Depending on the age of your child, you might want to set up a written signed agreement which lists the rules.

Here are some you may want to agree on:

- No phones after a certain time (i.e. 8.00 pm)—unless in an emergency.
- Keep to daily screen time limits (i.e. 1 hour per school night).
- Family time is a no-phone zone (i.e. dinner).

- Do not share your passwords with others—apart from parents.
- Do not share your real name (or full name), age and address when posting, talking to strangers or on sites where anyone can see it.
- Be kind to people—treat people on the phone as you would face-to face.
- Do not take or share photos of others (including friends) without their permission.
- Tell a parent or another trusted adult if anything makes you feel uncomfortable, or if a stranger contacts you online.
- Do not purchase or download an app or game without talking to a parent first—especially as these often have minimum age requirements.



Use technology tools to help set the boundaries to keep your child safe

Use parental controls to help manage your child's device and the types of content they can access. Most devices come with parental controls and offer a range of features:

- iPhone: Go to Settings > General > Restrictions. Here you can disable apps or features, prevent access to explicit content and specific webpages.
- Android (Google Play): Go to Play Store > Settings > Parental controls. Most Android phones use Google Play as the digital marketplace for purchasing apps and accessing content. Through Google Play you can restrict the content your child can download or purchase from Google Play.
- Google's Family Link is an app for parents to help manage their child's device and account and offers additional layers of protection. It enables parents to set screen time limits, review app permissions (such as their camera, location, contacts), block apps and approve downloads, block sites and filter content.
- You can also check with your mobile service provider if they offer any parental control tools.

Activate any privacy settings and safety features available on the device, in web browsers and apps. In some cases you can do this through parental controls or when installing apps on their phone. Carefully consider permissions and whether apps really need to access your child's location, contact list, messages and other features.

Help your child set up a pin or password to lock their phone. In addition to protecting their personal information, this will ensure that no one else can use their phone.

Help your child set up strong and unique passwords for their apps and websites. Even if the phone is locked, apps and websites can be accessed from other devices.



Communicate openly with your child, establish and maintain trust

Most importantly, communicate openly with your child about their phone and online use. It's not possible to supervise your child 24/7 and no technology tool is 100 percent effective in protecting them from online risks. So it's really important to establish and maintain trust.

- Talk openly and regularly with your child about their online activities. Show them that you are interested in how they connect with friends, who they talk with and the type of sites they visit.
- If you are using parental controls, be upfront about this and get them on board. Let them know that these can be reviewed and changed as they get older and they continue to demonstrate responsible behaviour.
- Talk about positive online behaviour and about respecting others online. Encourage your child to think carefully before they post, text or share comments or photos so they don't hurt or upset others. Remind them there is a real person at the end of the screen.
- Encourage your child to come to you (or another trusted adult) if they are upset because of an online experience, even if they think they are to blame.

CATHOLIC IDENTITY NEWSLETTER

Rutherglen Show

Be sure to pop down to the Rutherglen Show this Sunday to see our school display. Our display will focus on Nano Nagle, the Founder of the Presentation Sisters. All of the students have contributed in some way to this display. Many thanks to Mrs Coman for helping put it all together!

Community Christmas Decorations

Last year we created a stunning Nativity silhouette as our school and parish contribution to the Rutherglen Community Christmas Decorations. Our Nativity silhouette will be displayed again this year, however, we would love to make some additions...lighting, palm trees and some new characters. We need your help....if you are able to offer your assistance in any way please contact Mel Field as soon as possible.... mfield@smrutherglen.catholic.edu.au



TERM FOUR			
14.10.18	Akira Bonacci-Law Faith O'Donoghue Hayley Barkley	2.12.18 Youth Mass/First Sunday	Holly McMahon Jacob Fuge Campbell Smits
21.10.18	Milly Cheeseman Olivia Cheeseman Alexandra O'Meara	9.12.18	Akira Bonacci-Law Aleisha Price Emily Price
28.10.18	Grace Milthorpe Jacob Fuge Campbell Smits	16.12.18	Milly Cheeseman Olivia Cheeseman Sonny Enever-Cooper
4.11.18 First Sunday	Akira Bonacci-Law Milly Cheeseman Olivia Cheeseman	23.12.18	Volunteers please
11.11.18	Sonny Enever-Cooper Emily Price Aleisha Price	24.12.18 Christmas Eve - 7pm	Volunteers please
18.11.18	Alexandra O'Meara Campbell Smits Holly McMahon	25.12.18 Christmas Day - 9am	Volunteers please
25.11.18	Aleisha Price Emily Price Hayley Barkley	30.12.18	Volunteers please

First Sunday Readers - October

Thank you to the students who attended Mass on the last Sunday of the school holidays for the First Sunday Reading Roster. It was so lovely to see you there with your families and you did a wonderful job with your readings. Thank you to the parents and grandparents for getting them there! What a wonderful presence we have in our Parish!

First Sunday Readers - November

A reminder that the following students are rostered on for the First Sunday Mass in November.

FIRST SUNDAY READERS / HELPERS - SUNDAY NOVEMBER 7th 2018

First Reading: Emily Price

Responsorial Psalm: Darcie Gunning and Jo Somerville

Second Reading: Grace Milthorpe

Prayers of the Faithful: Aleisha Price and Shaun Gunning

Offertory Procession: Travis Gunning and Patty Dobbyn



**YOUTH AMBASSADOR FUNDRAISER FOR
INDIGO ATAURO ISLAND FRIENDSHIP COMMITTEE
&
EPILEPSY AUSTRALIA**

WHERE: St Mary's Primary School

WHEN: Thursday 1st November 2018 @ 6pm - 8:30pm



MOVIE: Alvin and the Chipmunks 2 (as voted by the students) Rated PG

ENTRY: Gold Coin Donation

POPCORN, DRINKS and LOLLY BAGS available for sale!

BYO: Beanbags and Pillows
&
Wear your PJs

Organised by St Mary's Youth Ambassador - Felicity Hartung



19.10.16 6pm-8pm

COROWA RSL CLUB

Friday October 19

For ages 5 to 12.

All children must be collected from the RSL Club.

Entry tickets \$4 per child.

LUCKY DOOR PRIZES | DANCE COMPS
DRINKS, HOTDOGS AND ICE-CREAMS AVAILABLE

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised by Police Officers



www.pcycnsw.org.au

Rutherglen United Cricket Club

The Rutherglen United Cricket Club will host the new and exciting Woolworths Master Blasters and Woolworths Blast (Formally known as Milo In 2 Cricket).

Woolworths Master Blasters will be held on Wednesday Nights and will rotate between Rutherglen Howlong and Barnawartha each Wednesday this is aimed at 8-10 year olds. Cost is \$99 and includes a cap and club shirt. Training will be held on Wednesday at 4:30pm with Under 12's until the season commences.

Woolworths Blast is entry level skills based cricket to teach your child the basics of the game. This will be held at Barkly Park each Friday from 4:30pm. cost is \$99 and includes a cricket kit

For more details come along on the night or call Wayne Cooper 0439494027 visit playcricket.com.au to register and search for Rutherglen United Cricket Club



Permission slips due:-

Upper Murray Leadership Day (Gr 5)

St Mary's School Corowa Musical (F/Gr1&Gr2)

Walk to School 2018

Join hundreds of thousands of Victorian primary school kids this October!



WALK TO SCHOOL



an initiative of
VicHealth