

St Mary's School Newsletter



Issue 26 Term 3 5 September 2018

A Child Safe

From the Principal - Matt Attwater



PBIS Focus of the Week

Behaviour Expectations in Sport

Dear Parents/Carers,

Gospel Summary

In this Sunday's Gospel, Mark 7 31-37, the people brought to Jesus a deaf man who also had a speech impediment. They begged Jesus to heal the man. Jesus touched the man's ears and tongue, and prayed that his ears be opened. Immediately, the man was healed. Jesus ordered the people not to tell anyone, but they could not contain the good news of the man's healing.

Reflection for Parents

In the *Rite of Baptism* we pray: ***The Lord Jesus made the deaf hear and the dumb speak. May he soon touch your ears to receive his word, and your mouth to proclaim his faith, to the praise and glory of God the Father. Amen.*** (Rite of Baptism 101)

Read again this Sunday's Gospel. Listen—truly listen—for its meaning in your life and in the life of your family. What do you hear the Spirit of God speaking to your heart? Who needs to hear the Good News of this reading? How will you share this Good News with those who need to hear?

NAPLAN Results

NAPLAN results for Yr 3 & 5 students arrived late last week. As you will be aware there were some contentious issues at a government level about the reliability of results for students who sat the paper based tests compared to students who sat the online tests. This is still an ongoing issue. The tests are now available to pick up from your child's home-room teacher from this week onwards.

The Production - The Jungle Book

As you all no doubt be aware, our **School Production** is only a week away. Next week will be a long and tiring week for all students and teachers. Please be patient with them all!

Continued next page

Weekend Mass Times:

Chiltern Saturday 6pm
Rutherglen Sunday 9am
Wahgunyah Sunday 10.30am

Important Dates

Wednesday 5th September

Sporting Schools - After school sporting program
3.40pm to 4.40pm

Friday 7th September

St Mary's & St Joseph's Cross
Country Day @ Chiltern Golf Club

Monday 10th September

Sporting Schools - After school sporting program
3.40pm to 4.40pm *(last for the Term)*

Wednesday 12th September

Dress Rehearsal—School Production

Thursday 13th September

School Production

- Memorial Hall

12 noon - Matinee

7pm - Evening show

Friday 21st September

Last Day - Term 3

Casual Clothes (Gold coin donation)

Students dismissed at 2.30pm

75-89 High Street - Rutherglen - Vic - 3685

Phone - 02 6032 9284

Web - <http://www3.smrutherglen.catholic.edu.au>

Email - principal@smrutherglen.catholic.edu.au


School Cross Country

The school cross country is on this Friday at the Chiltern golf course. Please note the small change in Race times, with the 5&6 year old students running at 12.25pm in the second race and the 7yr olds running in the first race at 12.15pm. If any parents could help out as Marshalls on the day it will be appreciated.

Great Father's Day Turnout

A big thanks to all the dads, mums and grandparents who turned up at our old fashioned board games and Father's Day celebrations last Friday. Unfortunately bad weather forced us to call off the soccer challenge however we were able to get outside before the end of the day and have some kick to kick, basketball shots and I think I even saw a few dads playing line chasey and swinging on the adventure playground!!!! Photos pages 10 & 11.

PBIS Classroom Matrix: As a school we will be focussing on expectations when **Playing Sport** this week.

Sport	Respect Ourselves	Respect Others	Respect our Environment
	<ul style="list-style-type: none">Wear school sports uniformBring water bottleTry your bestGive it a go/be prepared to try new thingsBe a good sportCollect personal belongings	<ul style="list-style-type: none">Listen to instructionsBe a team playerRespect umpire/referee's decisionRespect rules and decisionsEncourage othersAcknowledge and praise othersHelp others succeed	<ul style="list-style-type: none">Ensure sports equipment is put awayCorrect use and storage of sports equipment

Congratulations to this week's PBIS Winners:

Jaylen Cracknell, Harper Potter & Henry Ross (*pictured below*)



Senior Mass

Thursday 9.30am

Have a Great Week!

Matt



Important Calendar Dates 2018

TERM 3

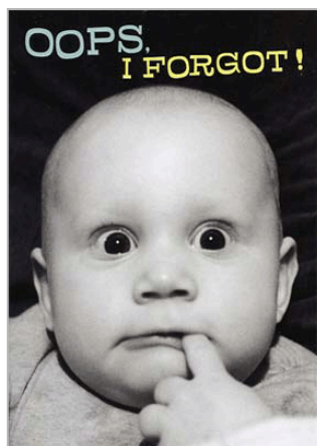
Wednesday 5th September	Sporting Schools - After school sporting program 3.40pm to 4.40pm
Friday 7th September	St Mary's & St Joseph's Cross Country Day @ Chiltern Golf Club
Monday 10th September	Sporting Schools - After school sporting program 3.40pm to 4.40pm (<i>last for the Term</i>)
Wednesday 12th September	Dress Rehearsal—School Production
Thursday 13th September	School Production - Memorial Hall 12 noon - Matinee 7pm - Evening show
Friday 21st September	Last Day - Term 3 - Casual Clothes (Gold coin donation) Students dismissed at 2.30pm

TERM 4

Monday 8th October	First Day - Term 4 Walk to School Month - 8th October through to 2nd November.
Friday 12th October	Division Athletics
Friday 19th October	Regional Athletics
Friday 26th October	Grandparent's Day Walk from Barkley Park (8.30am) to School followed by breakfast
Wednesday 31st October	Grade 6 students—Ancient Societies Day @ Rutherlglen High School
Monday 5th November	Report Writing Day (School Closed)
Tuesday 6th November	Melbourne Cup Public Holiday (School Closed)
Friday 9th November	Responsible Pet Ownership Program
Tuesday 20th November	Foundation transition Day 9.00am - 11.00am
Tuesday 27th November	Foundation transition Day 9.00am - 11.00am
Friday 30th November	Kanga Cricket Carnival - Senior School (3-6)
Wednesday 5th December	CARITAS Just Leadership Day - Gr 5
Monday 10th December	Rutherglen High School transition day Grade 6 to Yr 7
Tuesday 11th December	Grade 6 transition day (all schools)
Friday 14th December	End of Year Mass Reports released 4pm Rutherglen Christmas Carols
Monday 17th December	Grade 6 Graduation Dinner - Corowa RSL
Wednesday 19th December	Last Day - Term 4 - Casual Clothes (Gold coin donation) Students dismissed at 2.30pm
Thursday 20th December	Staff - Planning Day

Staff email addresses

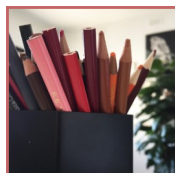
Matt Attwater (Principal) —mattwater@smrutherglen.catholic.edu.au
 Libby Dickinson (Junior Classroom teacher) - edickinson@smrutherglen.catholic.edu.au
 Hannah Oberin (Junior Classroom teacher) - hoberin@smrutherglen.catholic.edu.au
 Kayla Hibberson (Senior Classroom teacher) - khibberson@smrutherglen.catholic.edu.au
 John McNamara (Senior Classroom teacher) - jmcnamara@smrutherglen.catholic.edu.au
 Mel Field (Senior Classroom teacher) - mfield@smrutherglen.catholic.edu.au
 Nicole O'Mahony (Learning Diversity Leader) - nomahony@smrutherglen.catholic.edu.au
 Amanda Arnot—(Administration Officer) - aarnot@smrutherglen.catholic.edu.au



2019 Foundation Enrolments

Do you have a child due to start school next year?
Haven't filled in the paperwork yet?

Enrolment Packs are available at the front office.
Please call Amanda on 02 6032 9284
if you have any questions



Kirrily Anderson - School Holidays Creative Drawing workshop

Thursday September 27

This Creative Drawing workshop will be held at Paper Trail Studio, 7 Conness Street, Chiltern. During the two hour workshop we will play a number of drawing games to inspire young minds to think outside the box when it comes to creating art. Light snacks and drinks will be provided. **9.30am - 11.30am** All materials will be supplied. Class size of 8, recommended for ages 6 - 13.

Book online <http://www.iandtheothers.com/workshops/creative-drawing-6-8-yrs>



Cross Country @ Chiltern Golf Course Friday 7th September

Permission forms due

Annual St Joseph's/ St Mary's Cross Country Event

We aim to start the day at 12noon with a walk around the track followed by the first race at 12.15pm.

The APPROXIMATE TIMES are:

7 Year Olds - 1 Lap - 12.15pm

5/6 Year Olds - 1 Lap - 12.25pm

8 Year Olds - 2 Laps - 12.35pm

9 Year Olds - 2 Laps - 12.50pm

10 Year Olds - 2 Laps - 1.05pm

11 Year Olds - 3 Laps - 1.25pm

12/13 Year Olds - 3 Laps - 1.45pm

Children will need to wear their sports uniform and bring their school hat and sunscreen. Also, the children need to take their play lunch, plenty of water and lunch. The Cross Country event will be a RUBBISH FREE DAY. This means that it will be expected that all rubbish created by the children will be returned home in their lunch-box, so please keep this in mind when preparing your child's lunch for the day.

Phonological Awareness Activities for Chatter Matters:

When your child brings home pictures from school that they have drawn, make up a story to go with it. Try to include the seven parts of the story (Setting, Problem, Feelings, Plan, Action, Solution, End).

Recount

Recounts are a way of retelling an important event or describing an experience. Rather than retelling every minor detail, it's important children can select the important information or events, and expand on these in an interesting manner.



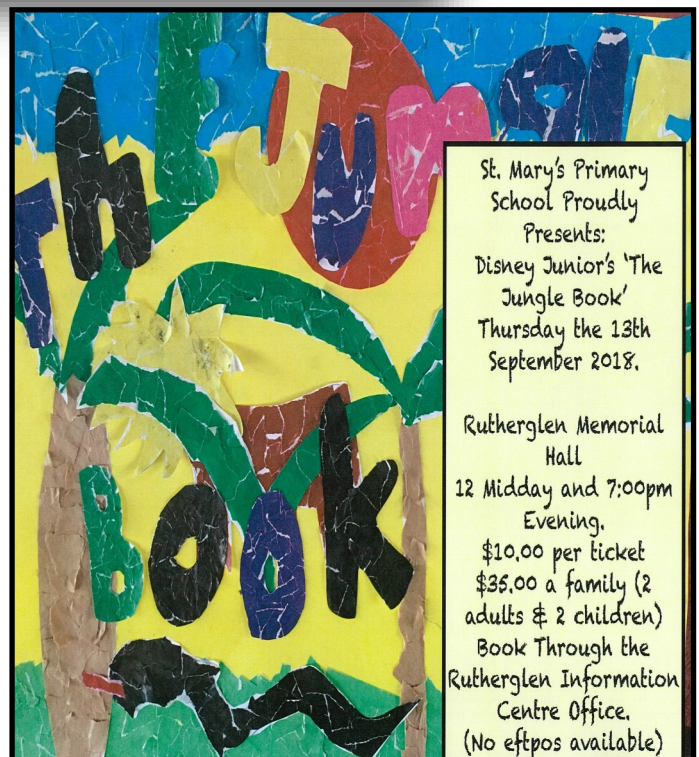
Last week's award winners:-

Back Row -

Emma Meyer,
Caleb Lee-Wood,
Brodie Upton
& Lucinda Steel

Front Row -

Arthur Morris,
William Giason,
Elijah McFarlane,
Ella Kelly,
Kasey Rhodes
& Logan Chappell



School Production Ticket Sales

Last chance to book your seats.....

All tickets sold at the Rutherglen Information Centre Office. **Cash only**

CATHOLIC IDENTITY NEWSLETTER



What's On In
Term 3??



TERM THREE

9.9.18	Alexandra O'Meara Hayley Barkley Grace Milthorpe	30.9.18	Sonny Enever-Cooper Jacob Fuge Hayley Barkley
16.9.18	Faith O'Donoghue Campbell Smits Jacob Fuge	7.10.18 First Sunday	Alexandra O'Meara Campbell Smits Brayden Field
23.9.18	Akira Bonacci-Law Milly Cheeseman Olivia Cheeseman		

Please remember:

*Arrive at 8:45am through the side door of the Church.

*Fr Carey has requested that at least one adult be present with the children prior to and after Mass for safety purposes.

*If you can't make your rostered Sunday, please make a swap and notify Mel Field.

Wk 8	6/9: Senior School Mass - 9:30am
Wk 10	20/9: Junior School Mass - 9:30am

IT AND DIGITAL CITIZENSHIP NEWSLETTER



This week is e-Smart week across all of the e-Smart schools. We are an e-Smart school.

What is e-Smart?

eSmart, an initiative of the Alannah & Madeline Foundation, helps teachers, librarians and the greater community to best manage cyber risks, bullying and cyber bullying issues, so that students feel safer and supported. (<https://www.esmart.org.au/>)

We encourage you to hold open conversations at home with your students about online use and safety. To assist you in these conversations we recommend visiting iParent <https://esafety.gov.au/education-resources/iparent> where you can learn about the digital environment and how to help your child have safe and enjoyable online experiences.

There is a screen smart parent tour that you can participate in for a variety of different topics including cyberbullying, screen time and social media. As a parent, no matter what age your student is, it is important to keep up to date of this information and how to deal with them.

Please find following a facts and tips sheet around these areas. This can also be downloaded at: <https://esafety.gov.au/education-resources/iparent/screen-smart-tour>

Screen Smart Parent Tour: facts and tips

Social media

Fact: On average, children aged 10 to 14 years have 2 active social media accounts¹

1. Talk regularly with your child about privacy settings on social media. Updating your own privacy settings sets a great example and helps you understand potential safety issues. Be aware of any minimum age requirements.
2. Keep your ears and eyes open. Other parents and the media can be a great source of information when it comes to the latest or most preferred app.
3. Let your child know that you're really interested in how they're connecting with friends. They might be more inclined to talk openly about social media if you talk about what others (their friends and peers) are doing online.

2
active social
media accounts

Screen time

Fact: On average, outside of school, 10 to 14 year olds spend 23 hours online per week¹

1. Try to encourage positive screen time, like content that you can view and enjoy together. Discourage anything that is overly aggressive or disrespectful.
2. Negotiate key rules together, such as when screens can be on and when they need to be turned off. Young teens are likely to respond better to rules that they've contributed to and see as being fair and consistent.
3. Agree ahead of time on the rules and strategies to get your child to switch off from the screen. With gaming, think about a timer that signals that game time is nearly over and be clear about the consequences for not switching off.

23 hrs
per week

Personal information

Fact: 12% of 10 to 14 year olds share personal information online²

1. Get your child on side with online privacy by exploring how their personal information can be used now and in the future.
2. If you have your own social media account, think about the types of photos and information you share. Do you post photos of your child that show details of their school, sporting club or other activities? Take the opportunity to review your own habits and model safe online behaviour.
3. Get involved—play along with your child to get a feel for how they are managing their online privacy in the gaming world.

12%
share personal
information online

¹2016 Parental Information Needs and Digital Youth Participation Survey – A nationally representative sample of 2278 children and youth (8–17 years)

²2017 Youth Digital Participation Survey – A nationally representative sample of 3017 children and youth (8 – 17 years). Personal information includes sharing full name, birthday, home address, home phone number, mobile phone number, email address, something that shows their face, something that shows their school uniform, their real age and the name of their school.

Inappropriate content (the nasty stuff! – like violence, offensive or sexually explicit material)

Fact: 9% of 10 to 14 year olds reported being exposed to inappropriate content³

1. Be vigilant, especially if your child is prone to taking risks or is emotionally or psychologically vulnerable.
2. You can use parental controls, filtering software and safe searches (like Google Safe Search) to help block some of the nasty stuff. Remind your child not to open spam email or click on pop-ups.
3. Keep your child connected to trusted friends and family online and offline and discuss the importance of healthy and respectful relationships.

Cyberbullying

Fact: 21% of 10 to 14 year olds reported being socially excluded by others online (one form of cyberbullying)³

1. Young people might not tell their parents about cyberbullying. They may be embarrassed or worried you might overreact, restrict access to devices or make things worse if they speak out. Try to respond calmly. Listen first, then act.
2. Be aware—key signs can include being upset after using devices, changes in personality, a decline in school work and appearing lonely and distressed.
3. Report serious cyberbullying material to the social media service where it happened. You can also [submit a complaint to us](#) if the reported material has not been taken down within 48 hours.

Contact with strangers

Fact: 36% of 10 to 14 year olds said they had talked to strangers online³

1. Help your child understand why it's important to be vigilant about new online 'friends'. Someone who says they are a 12-year-old girl or boy could actually be a 40-year-old man!
2. Encourage your child to tell you or another trusted adult if they feel uncomfortable or worried about online contact with a stranger—there are tools in social media and in online gaming that can help block people.
3. Work with your child to save examples of the messages in case you want to follow up with the police. Taking screenshots is easy, use the print screen (PrtScrn) button on your computer or the Shift-Command-4 function on a Mac. You can also use your phone to take a quick photo of their device with the message.



exposed to
inappropriate
content



socially excluded



³2017 Youth Digital Participation Survey – A nationally representative sample of 3017 children and youth (8 – 17 years).

Help and resources

[Make a cyberbullying complaint](#)

If your child is distressed and needs further help as a result of a negative online experience:

[Kids Helpline:](#) 1800 55 1800

Free online and telephone counselling for children and young people aged 5 to 25 years.

[eHeadspace:](#) 1800 650 890

Free online and telephone counselling for young people aged 12 to 25 years.

[Parentline:](#) 1300 30 1300

Parentline provides help through counselling, information and referral that is tailored to your needs.

For more handy tips see:

[Parent's guide to online safety](#)

For youth driven resources:

[Young & eSafe](#)

Further information on the topics we explored:

[Games, apps and social networking](#)

[Managing screen time](#)

[Protecting personal information](#)

[Inappropriate content](#)

[Cyberbullying](#)

[Contact with strangers](#)

[Online safeguards](#)

Other related topics:

[Online pornography](#)

[Sexting](#)

[Online gaming](#)



Office of the
eSafety Commissioner

esafety.gov.au

Father's Day celebrations at St Mary's





PROJECT COMPASSION

FOR A JUST FUTURE



Certificate of Appreciation

Presented to

St Mary's School Rutherglen \$547.29

THANK YOU!

Through your generosity during Project Compassion 2018, you are empowering young people to build a just future for themselves, their families and their communities. A Just Future has started with your support!

Chris O'Connell

Caritas Australia
Chairman

Andrew Rhyne

Caritas Australia CEO

Richard Wainwright

Diocesan Director



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The Catholic agency
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1800 024 413

#projectcompassion

All contributions, large and small are greatly appreciated. However we should acknowledge the outstanding efforts of some of our schools which become more obvious when size is taken into account.

Our two smallest schools were yet again our top fund-raisers with St Mary's School Inglewood raising an average over \$21 per student followed by St Patrick's School Pyramid Hill averaging \$16 per student!

St Liborius' Eaglehawk raised over \$12 per student & St Joseph's Chiltern almost \$12

St Joseph's School Benalla, St Mary's College Nathalia & St Michael's Tallangatta averaged nearly \$11 per student

St Kiian's Bendigo almost \$10 and St Francis Strathfieldsaye averaged \$9

St Joseph's College Echuca, St Mary's Echuca & Our Lady's Elmore around \$8

St Patrick's Wangaratta & Sacred Heart Tatura around \$7

Sacred Heart Corryong, Notre Dame Shepparton, FCJ College Benalla, St John's Euroa & St Monica's Wodonga all raised over \$6

Holy Rosary White Hills, St Mary's Rutherglen, Sacred Heart Primary Yarrawonga,

Sacred Heart College Yarrawonga, Our Lady's Wangaratta, St Mel's Shepparton,

St Joseph's Numurkah & St Joseph's Cobram around \$5 or more.

Thank you to *every one* of our schools - you've *all* contributed to our wonderful total and you've *all* helped to create a more JUST FUTURE for our poorest neighbours.

THANK YOU ALL

