## St Mary's School JNewsletter



Issue 15 Term 230 May 2018

## A Child Safe School

From the Principal - Matt Attwater


PBIS Focus of the Week - expectations in and on the Undercover/Verandah/paths/concrete areas of the school

## Dear Parents/Carers,

This Sunday is the feast of The Most Holy Body and Blood of Christ.

## Gospel Summary:

In this coming Sunday's gospel' Mk 14: 12-16, 22-26, Mark describes for his community the words and actions of Jesus at the Last Supper. Scripture scholars believe that the words were meant by Mark to help the early Christian community to understand the Eucharist. While they may not be the exact words spoken by Jesus, they help us understand that Jesus gave his disciples a way of remembering him through the bread and the wine-his Body and his Blood.

## Reflection for Parents:

Much of today's Gospel focuses on the preparation for and sharing of a meal. The busy schedules that many parents and families keep today often intrude on this important daily ritual of sharing a meal, conversation, and time together. Mealtime should be a holy time, a gathering where all are welcome to share dreams, joys, and struggles of the day. Think about the ritual of sharing a meal as a family. What can you do to create time for this in your family's daily routine? How can you involve all family members in the preparation for and celebration of a daily meal together? How can you make family mealtime a holy time, a joyful time, a prayerful time, and a memorable time?

## Welcome back Lexie:

It is great to see Lexie back at school with a big smile after her stint in the Royal Children's Hospital. She is certainly zooming around on her wheelchair!!

Weekend Mass Times:
Chiltern Saturday 6pm Rutherglen Sunday 9am Wahgunyah Sunday 10.30am

## Important Dates

Wednesday 30th May Sporting Schools - After school sporting program
3.40 pm to 4.40 pm

Monday 4th June Sporting Schools - After school sporting program
3.40 pm to 4.40 pm

Wednesday 6th June Sporting Schools - After school sporting program
3.40 pm to 4.40 pm
(last for Term 2)
Monday 11th June
Queen's Birthday - Public Holiday

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## Catholic Education Week:

We had a fantastic Catholic Education Week celebration day last Thursday. Thanks to all families who made it to the breakfast and mass. I have to say that my bircher muesli was the hit of the breakfast. According to Kathy Landers it was 10 out of 10 (the recipe is in today's newsletter). Also a huge well done to our Yr 6 students who ran some very well organised and highly entertaining maths games sessions for the whole school.

## Trivia Night:

There is a trivia night coming up on Friday evening 22nd June. This is always an enjoyable and at times "competitive" night. Start getting your teams organised early. It would be advantageous to have team members who know a little about sport, music, local facts, Australian history and movie trivia! Below is a little trivia teaser!

What are the 3 House names and colours at St Mary's School?

PBIS Classroom Matrix: As a school we will be focusing on expectations in and on the Undercover/Verandah/paths/concrete areas of the school. Below is the matrix:

| Under- <br> cover/Verandah/p <br> aths/concrete | Respect Ourselves | Respect Others | Respect our Environment |
| :--- | :--- | :--- | :--- |
|  | -Walk on the con- <br> crete <br> Model appropriate <br> behaviour <br> Keep hands and <br> feet to yourself <br> Go to where you <br> need to go-don't <br> dawdle | •-Be helpful <br> Be aware of other <br> classes working <br> Move quietly around <br> not to distract others <br> Smile to others when <br> passing them in <br> Be courteous of clas- <br> ses lining up <br> Speak appropriately to <br> other people | - Pick up rubbish if <br> you see it <br> Walk in appropriate <br> areas |



## Congratulations to this week's PBIS

 Winners:Charlie Shaw, Henry Lister and Brodie Upton (pictured left).

Thursday 31st May:
Assembly 9.15am

Have a Great Week!
Matt


## Important Calendar Dates 2018

|  | TERM 2 |
| :---: | :---: |
| Wednesday 30th May | Sporting Schools - After school sporting program 3.40 pm to 4.40 pm |
| Monday 4th June | Sporting Schools - After school sporting program 3.40 pm to 4.40 pm |
| Wednesday 6th June | Sporting Schools - After school sporting program 3.40 pm to 4.40 pm (last for Term 2) |
| Monday 11th June | Queen's Birthday - Public Holiday |
| Tuesday 12th June | Meals On Wheels |
| Wednesday 13th June | Meals On Wheels |
| Thursday 14th June | Meals On Wheels |
| Friday 15th June | Meals On Wheels |
| Wednesday 20th June | Rutherglen Primary Schools' OPEN DAY |
| Friday 22nd June | Special Lunch Day (Parent \& Friends Team) (no lunch orders on this day) Parents \& Friends Trivia Night |
| Friday 29th June | Last Day Term 2 - Casual Clothes (Gold coin donation) |
|  | Wood Raffle draw |
|  | Students dismissed at 2.30pm |
|  | TERM 3 |
| Monday 16th July | First Day - Term 3 |
| Friday 20th July | Winter Sports Carnival |
| Monday 23rd July | Sporting Schools - After school sporting program 3.40 pm to 4.40 pm (First for the Term) |
| Wednesday 25th July | Sporting Schools - After school sporting program 3.40 pm to 4.40 pm |
| Tuesday 14th August | Stage Door |
| Wednesday 15th August | Stage Door |
| Wednesday 12th September | Dress Rehearsal-School Production |
| Thursday 13th September | School Production |
| Friday 21st September | Last Day - Term 3-Casual Clothes (Gold coin donation) |

## Staff email addresses

Matt Attwater (Principal) —mattwater@smrutherglen.catholic.edu.au
Libby Dickinson (Junior Classroom teacher) - edickinson@smrutherglen.catholic.edu.au
Hannah Oberin (Junior Classroom teacher) - hoberin@smrutherglen.catholic.edu.au
Kayla Hibberson (Senior Classroom teacher) - khibberson@smrutherglen.catholic.edu.au John McNamara (Senior Classroom teacher) - jmcnamara@smrutherglen.catholic.edu.au

Mel Field (Senior Classroom teacher) - mfield@smrutherglen.catholic.edu.au
Nicole O'Mahony (Learning Diversity Leader) - nomahony@smrutherglen.catholic.edu.au
Katrina Bridge—(Teacher Aide—Library) - kbridge@smrutherglen.catholic.edu.au
Amanda Arnot—(Administration Officer) - aarnot@smrutherglen.catholic.edu.au


## Melissa, Alan. Logan and Charlie Chappell

Would like to thank everyone at st Marys Primary Rutherglen for nominating Logan for a Bravery award through the Lions Club.
It was a fouching occasion for our enfire family and one that we are very appreciative of.
It was an extremely fraumatising and agonising incident thet will forever be imbedded in our minds and one that I hope to never experience again. You never quite know the frue extent of your love for someone until you are faced with losing them. The pain that comes with that is indescribeble.
The support from st Marys along with everyone else has been @m@zing.
Logan w@s @m@zing that day and showed such marurity and calmness in a fime of ufter chaos and frauma.

Once @gain thankyou so much for all of your support


Phonological Awareness Activities for Chatter Matters:
6. Find the Roots: Teach the concept of root words to your child. You might say, "A root word is the 'main' word in a longer word." Give examples and then have your child practice identifying the root words.

Ask your child to highlight the root words in following complex words.

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Mouthy - hopeful - sleepless - carefully - childish - workable - sawed
Trembling - growing - unhelpful
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## LARGE BOXES REQUIRED

The Senior area are in need of 60 large (Fridge, hotwater systems, aircon systems) for their Inquiry tasks.

If anyone has any or knows where we may be able to get some could you please contact Mel Field asap. Thanks!


## Mr. A's Bircher Muesli Recipe



Serves: 4-6

## Ingredients

- 2 cups $/ 150 \mathrm{~g}$ rolled or quick oats
- $13 / 4$ cups $/ 420 \mathrm{ml}$ milk
- sultanas
- $1 / 4$ cup $/ 60 \mathrm{ml}$ apple juice
- 3 tablespoons lemon juice
- 1 apple, cored and grated with the peel
- 1-2 tablespoons honey
- $11 / 2$ cups/375g plain Greek yogurt
- A dash of cinnamon (optional)


Top with your favourite fresh and/or dried fruit, nuts, toasted coconut, blueberries, strawberries, raisins and hazelnuts etc

## Instructions

Combine oats, milk, sultanas, apple juice and lemon juice and let sit overnight in the refrigerator.

In the morning add the grated apple, honey (to taste), yogurt, and cinnamon, if desired, and mix well.

Top with your favourite fruits and nuts.
Notes

* If you are short on time in the mornings, you can add the grated apple the night before to save a few minutes.


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## CATHOLIC IDENTITY NEWSLETTER

## SACRAMENTAL PROGRAM - RECONCILIATION

For those children in Grade 3 and grades above who are looking to make their Reconciliation this year please note the date of the initial Parent and Child Night.

Tuesday 19th June 2018
6pm
In the Senior Area

## Altar Servers - Term 2

| TERM TWO ROSTER |  |  |  |
| :--- | :--- | :--- | :--- |
| 27.5 .18 | Aleisha Price, Emily <br> Price and Holly <br> McMahon | 24.6 .18 <br> Youth Mass | Olivia Cheeseman, <br> Aleisha Price and <br> Akira Bonacci-Law |
| 3.6.18 <br> First Sunday | Campbell Smits, Jacob <br> Fuge and Faith <br> O'Donoghue | 1.7 .18 <br> First Sunday | Hayley Barkley and <br> Alexandra O'Meara |
| 10.6 .18 | Emily Price, Holly <br> McMahon and Grace <br> Milthorpe | 8.7 .18 | Emily Price, Aleisha <br> Price and <br> Sonny Enever-Cooper |
| 17.6 .18 | Jacob Fuge, Brayden <br> Field and Sonny En- <br> ever-Cooper | 15.7 .18 | Brayden Field, Faith <br> O'Donoghue and Holly <br> McMahon |

## Please remember:

*Arrive at 8:45am through the side door of the Church.
*Fr Carey has requested that at least one adult be present with the children prior to and after Mass for safety purposes.
*If you can't make your rostered Sunday, please make a swap and notify Mel Field.


Upcoming Events

| Wk 7 | RECONCILIATION WEEK | Wk 10 | 19/6: 6pm - Parent/Candidates Sacrament <br> of Reconciliation Meeting <br> 21/6: 9:30am Senior School Mass |
| :--- | :--- | :--- | :--- |
| $\underline{\text { Wk 8 }}$ | 7/6: FEAST OF THE SACRED <br> HEART <br> 9:30am Whole School Mass$\underline{\underline{\text { Wk 11 }}}$ | 24/6: 5:30pm PARISH YOUTH MASS |  |



