

St Mary's School, Rutherglen (a child safe school)

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Newsletter *Issue 6 - Term 1 - Wednesday 13 March, 2019*

Disturb us, O Lord

*when we are too well-pleased with ourselves
when our dreams have come true because we dreamed too little,
because we sailed too close to the shore.*

Disturb us, O Lord

*when with the abundance of things we possess,
we have lost our thirst for the water of life
when, having fallen in love with time,
we have ceased to dream of eternity
and in our efforts to build a new earth,
we have allowed our vision of Heaven to grow dim.*

Stir us, O Lord

*to dare more boldly, to venture into wider seas
where storms show Thy mastery,
where losing sight of land, we shall find the stars.
In the name of Him who pushed back the horizons of our hopes
and invited the brave to follow.*

Amen

Dear Parents/Carers,

This is Sunday is the 2nd Sunday of Lent.

No Power Tomorrow

A reminder that the school will be without power for most of the day tomorrow as we are having a power upgrade as part of our refurbishment. Amanda will be working from home tomorrow. We postponed our Clean Up Australia duties until tomorrow so the students will be out and about in the morning cleaning up surrounding streets and we have fast forwarded Sandhurst Switches Off by a week. During Sandhurst Switches Off day students work with no power or technology for 2 hours as part of World Earth Hour.

Meals on Wheels: HELP HELP!!

We **Desperately Need a Driver** for this Friday 15th of March. If you can help out call Amanda or myself.

Frosty Friday is Back:

Frosty Friday is back this term and is run by the Yr. 6 Catholic Identity Team. For 50c students can buy a frozen Zooper Dooper on Fridays at lunch time. Money raised goes to CARITAS.



Weekend Mass Times:

Chiltern Saturday 6pm

Rutherglen Sunday 9am

Wahgunyah Sunday 10.30am

IMPORTANT DATES

Wednesday 13 March

Meals On Wheels

Thursday 14 March

Meals On Wheels

Schools Clean Up Australia Day

Sandhurst Switches Off

Friday 15 March

9.30am - Senior Mass

Meals On Wheels

National Day of Action against Bullying

Sporting Schools Gymnastics Program (during school hours)

Monday 18 March

PSGs/Parent Meetings - data sharing

Tuesday 19 March

PSGs/Parent Meetings - data sharing



Matt Attwater

Principal

Swimming Carnival:

We had a great day at the swimming carnival last Friday. Congratulations to Georgie Upton who took out the May Baring event. It is becoming a family affair for Georgie whose mum and aunties are previous winners of the May Baring Trophy. Also, well done to O'Connor House who were the overall winners on the day. Thanks also to all parents who gave up their time to help out last Friday.





National Day of Action: Friday 15th March

This Friday is National Day of Action against Bullying and Violence. As a school this is a continual focus throughout the year but on Friday there will be a particular focus with all students participating in activities to highlight the day.

Information for parents

What parents can do if their child is being bullied.

<https://bullyingnoway.gov.au/RespondingToBullying/Parents/Pages/ChildBeingBullied.aspx>

What parents can do if their child is bullying others. [https://bullyingnoway.gov.au/](https://bullyingnoway.gov.au/TeachingAboutBullying/StartingInEarlyChildhood/Pages/Role-of-parents-and-educators.aspx)


[TeachingAboutBullying/StartingInEarlyChildhood/Pages/Role-of-parents-and-educators.aspx](https://bullyingnoway.gov.au/TeachingAboutBullying/StartingInEarlyChildhood/Pages/Role-of-parents-and-educators.aspx)



We send our best wishes to:
Taya Ward (14/3) & Lexie Wilson (18/3)
who will be celebrating their birthdays this week.

PBIS Awards (Positive Behaviour in Schools):

This week's Focus: Expectations in the Toilets

Toilets	Respect Ourselves	Respect Others	Respect our Environment
	<ul style="list-style-type: none"> • Wash hands after using the toilet • Keep food and drink out of toilets • Enter cubicle only through the door • Exiting people go first 	<ul style="list-style-type: none"> • Walk to toilets without noise • Flush toilet after use • Boys wait your turn at urinals • 1 child in cubicle at all times • Wait your turn outside if the cubicles are full • Walk to toilets without noise 	<ul style="list-style-type: none"> • Paper towels in correct bins • Flush toilet after use • Turn taps off after use • Report any blockages/issues to teachers • Use toilet paper sparingly

Congratulations to this week's PBIS Winners *(pictured below):*

Flynn Verhulst (3/4 MF/JS), Jack Welsh (F/1 HK) & Henry Lister (3/4 MF/JS)



Have a great week,
Matt
Principal



A big congratulations to Patrick Walsh who was baptised on Sunday 10th March.

Presbytery Wood Day - Help Needed

This Saturday morning, 16th March, followed by refreshments.

Please contact Tony Jones on 0458 334 256

Second Sunday of Lent - this Sunday!

At St. Mary's we are encouraging students to bring in loose change to donate to Project Compassion. Maybe they would like to give part of their pocket money during Lent or give up buying lollies at the supermarket or maybe even check down the side of the lounge and donate their money to Project Compassion. Each homeroom has a Project Compassion box where they can deposit any spare coins.



Second Sunday of Lent 17th March 2019



Tati lives in the remote forest of Indonesia with her husband and children. Earning an income working in a local rubber plantation, her Dayak culture has relied on the rainforest for generations. However, due to land clearing, many indigenous people are losing their land and livelihoods. Through eco-tourism training supported by Caritas Australia, Tati can now afford to send her children to school. With new hope and commitment Tati aspires to a future free from poverty for her family.

Please donate to Project Compassion 2019 and help lift communities in Indonesia out of poverty, and give them hope to protect our common home.

Lives change when we all give 100%.

You can donate through Parish boxes and envelopes,

by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.



SACRAMENT OF RECONCILIATION

Please keep the following students in your prayers as they prepare to receive the Sacrament of Reconciliation on March 27th.

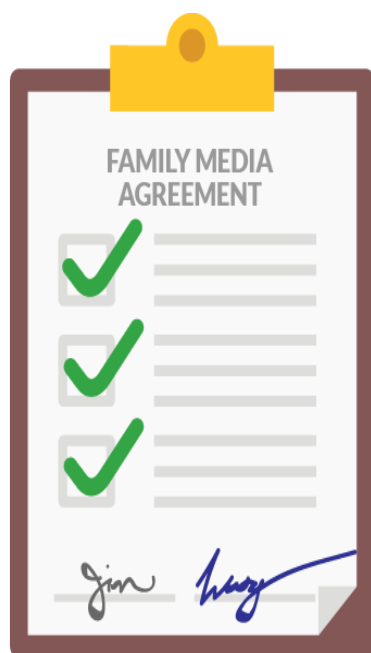
Samual Morris, Lucas Zani, Holly O'Donoghue, Penny Hartung, Elijah McFarlane, Travis Gunning Antonio Finmore & Paddy Walsh

PARENT TEACHER INTERVIEWS - Term 1

Monday 18th March and Tuesday 19th March

A note was sent home last week regarding the upcoming Parent Teacher Interviews next week. If you did not receive the information please connect with your child's homeroom teacher asap, places are filling fast. You will need to book your appointment via our Parent Access Module (PAM) at

<https://pam.smrutherglen.catholic.edu.au>



FAMILY MEDIA CONTRACTS

A healthy media diet balances three things: what kids do, how much time they spend doing it, and whether their content choices are age-appropriate. Mixing media and tech time with other activities will help families find that happy medium. Use CommonSense Media's Family Media Agreement and Device Contract to set realistic rules that make sense for your family so you and your kids can make the most out of media and tech time.

Find it here: <http://bit.ly/2HtfcDI>



CATHOLIC COLLEGE WODONGA

OPEN DAY

TUESDAY 7 MAY

4PM TOURS START

5PM LAST TOUR BEGINS

6-7PM INFORMATION SESSION

Discover how our environment, opportunities and pathways can help your child flourish.

Applications open 29 April and close 27 May.

Enquiries: Jodie Kensington 02 6043 5500



**CATHOLIC COLLEGE
WODONGA** | LIFE IN JESUS

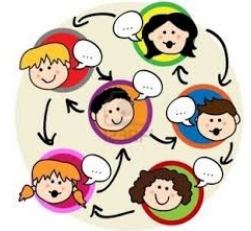
Activity for this Week

PHONOLOGICAL AWARENESS

FIRST SOUND AWARENESS:

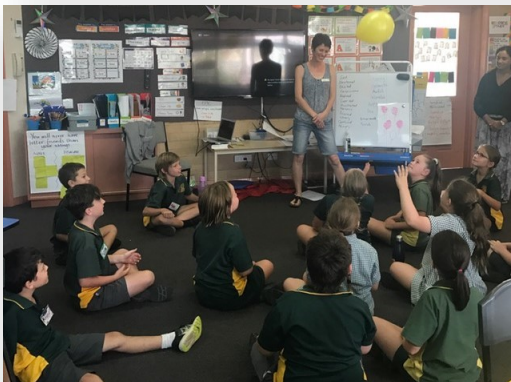
The First Sound Shop:

Set up a shop that sells only things that start with a particular sound. For example: The Mmmm shop sells milk, mice, marbles, marshmallows, mushrooms, matches, monkeys, mugs, mops and maps. Children brainstorm other items and may be encouraged to bring from home items that could be displayed. Try this with other sounds: E.g. b (balls, butter, bags, beetroots etc), or s (sandwiches, soup, sardines, socks etc).



KEAPS

Kids Early Action Program in Schools



Active Listening

Active listening is a skill that is more than just hearing the other person. With practice, active listening strengthens communication and helps improve relationships.

- Give your child your full attention. Turn the T.V off and put phones away. Look at your child so they know they're being heard and understood.
- Allow them to finish what they're saying and don't interrupt.
- Summarise and validate your child's feelings. When we repeat back their words, it acts as an invitation because your child feels listened to. This can encourage them to explain more about what they're thinking.
- Check in with them to see if you've understood. Eg, 'Let me see if I've understood, you feel angry because we're going away this weekend and it's your friend's birthday party. I can understand that'.
- Try and put yourself in your child's shoes and consider how you might feel in the situation. Eg. If you were told you'd done something wrong would you feel embarrassed, angry, frustrated, disappointed, or something else?

Adapted from the Raising Children Network and Carolyn Webster-Stratton



Rutherglen High School



Grade 5/6 Transition Evening

When...

Wednesday 20th March

From 5.30pm til 6.30pm

Why...

To listen to some information, obtain a booklet outlining the school's policies and requirements and meet the staff.

What to expect...

An information session about Year 7 in 2020 and quick tour of the school grounds.

Hope to see you there!

Toss it? No way!



Rutherglen is going to start its own Repair Café and Skillshare

Do you have a bike that isn't working properly? Or a dress with a hem come down? Toss it? No way! Would you like someone to repair some of your everyday items and learn or teach a new skill? A Repair Café and Skillshare will be open in Rutherglen soon.

By promoting repairs and sharing skills, Rutherglen Repair Café and Skillshare wants to help reduce mountains of waste - things which practically have nothing wrong with them, and which could easily be used again after a simple repair. We'd also like to share skills like knitting, crocheting and basic repair skills of everyday items.

Repair Café and Skillshare will also put local residents in touch with each other and provide the opportunity to discover that a lot of know-how and practical skills can be found close to home.

***A Community Interest Meeting will be held on Tuesday 19 March
at the Rutherglen Senior Citizens Clubrooms commencing at
5.30pm to work towards:***

- 1. Finding various volunteer repair experts** to help make all possible repairs free of charge and share skills which are becoming lost. Tools and materials will also be on hand. People visiting the Repair Café and Skillshare will bring along their broken items from home, items (excluding those with electrical faults) are welcome and can more than likely be repaired. The Repair Café and Skillshare specialists almost always have the know-how. Some specialist repairers won't be at every session.
- 2. Finding a venue** – It is planned to organise a Repair Café and Skillshare on a regular basis (probably once a month) **in location to be determined**. News about dates and location of up-and-coming sessions and repairers will follow as soon as possible!
- 3. Establishing a group to ensure the ongoing operation of the Repair Café and Skillshare** – form a small group to ensure the Repair Café and Skillshare continues to operate in Rutherglen.

Repair Café Foundation

The Repair Café concept arose in the Netherlands, in 2009, and was formulated by Martine Postma, at the time an Amsterdam-based journalist/publicist. In 2010, she started the Repair Café Foundation (see Repaircafe.org). This foundation provides support to local groups around the world wishing to start their own Repair Café. The foundation also supports the Repair Café in Rutherglen.

Contact Jeanette McIntosh on 0409 328053 or mcintosh@netspace.net.au for more information.



COROWA PCYC BLUE LIGHT PRESENTS

BLUE LIGHT DISCO

15.03.19 6pm-8pm

COROWA RSL CLUB

Friday March 15

For ages 5 to 12.

**All children must be collected from the
RSL Club.**

Entry tickets \$4 per child.

**LUCKY DOOR PRIZES | DANCE COMPS
DRINKS, HOTDOGS AND ICE-CREAMS AVAILABLE**

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised
by Police Officers



www.pcydnsw.org.au

Important Calendar Dates - 2019

Term 1

Wednesday 13 March	Meals On Wheels
Thursday 14 March	Meals On Wheels Schools Clean Up Australia Day Sandhurst Switches Off
Friday 15 March	9.30am - Senior Mass Meals On Wheels National Day of Action against Bullying Sporting Schools Gymnastics Program (during school hours)
Monday 18 March	PSGs/Parent Meetings - data sharing
Tuesday 19 March	PSGs/Parent Meetings - data sharing
Thursday 21 March	Pinocchio Performance (LOTE)
Friday 22 March	National Ride 2 School Day Glenview Visit Sporting Schools Gymnastics Program (during school hours)
Wednesday 27 March	Sacrament of Reconciliation - 6pm
Friday 29 March	9.30am - Junior Mass
Friday 5 April	Last Day Term 1 (Casual Clothes Day - gold coin donation) Glenview Visit Sporting Schools Gymnastics Program (during school hours)

Term 2

Tuesday 23 April	First Day Term 2
Thursday 25 April	ANZAC Day Public Holiday
Friday 26 April	9.30am - Senior Mass
Tuesday 30 April	3.00pm - Assembly
Wednesday 8 May	Catholic Education Week - School Breakfast
Tuesday 14 May	3.00pm - Assembly

Staff email addresses

Matt Attwater (Principal) —mattwater@smrutherglen.catholic.edu.au
Libby Dickinson (Junior Classroom teacher) - edickinson@smrutherglen.catholic.edu.au
Hannah Kelly (Junior Classroom teacher) - hkelly@smrutherglen.catholic.edu.au
Shannon Terlich (Senior Classroom teacher) - sterlich@smrutherglen.catholic.edu.au
John McNamara (Senior Classroom teacher) - jmcnamara@smrutherglen.catholic.edu.au
Mel Field (Senior Classroom teacher) - mfield@smrutherglen.catholic.edu.au
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Amanda Arnot—(Administration Officer) - aarnot@smrutherglen.catholic.edu.au